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In this issue:

- 11th Annual Convention Kidney Foundation Bangladesh
- Improving Prevention & Health literacy
- Kidney Foundation of Canada Video Diabetes and Kidney Disease
- New Tool Estimates Looming Risk of Kidney Failure in People with Kidney Disease
- healthtalk.org a Website for CKD Patients
- “My Kidneys My Health” handbook
- News from the Anatolian Kidney Foundation

IFKF Annual Meeting 2016

The upcoming IFKF annual 2016 to be arranged by the Egyptian NKF will be held in Intercontinental Malta on the 28th and 29th of October.

The meeting will target the contribution of as many representatives from many parts of the world to consider the advocacy of the IFKF in improving the awareness to the risk factors underlying the increasing prevalence of kidney disorders and the adoption of preventive strategies and treatment facilities, highlighting the importance of early detection, prompt intervention and delaying progression with elimination of risk factors. We aim at the cooperation of all governmental and non-governmental efforts to face the widespread on growing problem.

The chair of the meeting: Guillermo Garcia (Mex)  
The Scientific chairs: Gamal Saadi (Egypt), Tom Oostrom (NL)
Meeting organizers: Dina Abd El Latif, May Hassa ballah, Amr Hussein (Egypt), Fernanda Arce (Mex), Marianne Vennegoor (UK)

11th Annual Convention and Scientific Seminar of Kidney Foundation, Bangladesh

Bangladesh – The 11th Annual convention and scientific seminar of kidney foundation, Bangladesh in cooperation with International Society of Nephrology was held on 21st 23rd December 2015 in the convention hall of KF. There were 20 speakers, of whom seven were foreign delegates. Of the foreign delegates, three speakers were sponsored by ISN. The main emphasis was given on acute kidney injury, diabetic nephropathy and peritoneal dialysis (CAPD).

There were 220 participants from all over the country attended the scientific seminar. Registration was waived for trainee and medical officer.

Improving Prevention & Health literacy - The quest to reduce economic burden of chronic disease in the EU

On 19th October 2015, EKHA, together with the MEP Group for Kidney Health held a meeting in the European Parliament to discuss how prevention and health literacy can help reduce economic burden of chronic disease in the EU. The event was hosted by MEP Karin Kadenbach (S&D, Austria), Chair of the MEP Group for Kidney Health. The focus of the discussion was set on the importance of chronic disease prevention for quality of life, as well as for national health budgets. Conclusions included the pressing need for improved prevention and health literacy amongst the general public and legal frameworks for industry commitments.

The European Commission is committed to helping reduce the burden of chronic disease, notably by funding research projects such as the Economics of Chronic Disease project, EConDA (link to news published in October on the EKHA website).

Speakers included EKHA Chair Prof Raymond Vanholder, Tom Oostrom, Director of the Kidney Foundation (Netherlands) and Laura Webber, Director for Public Health Modelling at the UK Health Forum.

Kidney Foundation of Canada Video Diabetes and Kidney Disease

Source: https://www.youtube.com/watch?v=wfyzpNZRs&feature=youtu.be

YOUR KIDNEY HEALTH MATTERS
**New Tool Estimates Looming Risk of Kidney Failure in People with Kidney Disease**

An online tool combining results of common medical tests can accurately estimate the risk of whether someone with chronic kidney disease will develop kidney failure in the next two to five years, an international team of researchers led by the Johns Hopkins Bloomberg School of Public Health has found.

Reporting in the Jan. 12 Journal of the American Medical Association (JAMA), the researchers say the new calculator will not only help patients at high risk for kidney failure prepare for dialysis or transplant, but could provide peace of mind to millions more who have chronic kidney disease but are not at serious risk of kidney failure. The tool was developed with the support of the National Kidney Foundation.

“"This tool allows doctors to sit down with their patients and explain how likely it is that their kidneys will fail in the near future," says Josef Coresh, MD, PhD, the George W. Comstock Professor of Epidemiology at the Bloomberg School, and head of the Chronic Kidney Disease Prognosis Consortium, which conducted the study. "While the tool can aid in management of a patient’s disease and prepare them for the worst, many more patients will find the results reassuring. You can reassure a lot of worried people with the fact that their risk is actually very low. The vast majority of patients will not need dialysis."

**healthtalk.org a Website for CKD Patients**

healthtalk.org provides free, reliable information about health issues, by sharing people’s real-life experiences. You can watch people sharing their stories about cancer, autism, motor-neurone disease, pregnancy, drugs, depression and much more.

If you, or someone you care about, is affected by any of the 90 subjects we cover, you can find out what happened to 40 other people in the same situation. You will find good advice and reassurance on topics such as:

- Making decisions about health and treatment
- Talking to friends and family
- Practical issues like money and travel
- Emotional wellbeing
- Impact on work or education

This website has been awarded The Information standard.

**"My Kidneys My Health" handbook by the Kidney Health Australia**

There are many different causes of kidney disease. This means that everyone’s kidney disease journey is different. Some people require specific treatment such as dialysis or a kidney transplant fairly quickly but many never get to that stage.

While there is no cure for kidney disease, if it is found early then learning about your disease, taking prescribed medication and modifying your nutrition and lifestyle can slow the damage to your kidneys.

The ‘My Kidneys My Health’ handbook focuses on helping you to understand your kidney disease and provides information about how you can take control - you can make lifestyle changes to slow down any future kidney damage.

You can simply download this handbook free at Kidney Health Australia website.

**News from the Anatolian Kidney Foundation**

Ankara — Anatolian Kidney Foundation made a lunch for ladies on December 30, 2015. The activity occurred in a very nice weather, passed as fit for purpose. Approximately 150 women attended the meeting. The foundation realized a fairly good fundraising.

2016’s calendars, postcards and photographs were sold in the meeting. Also some charitable people donated tables to the foundation. They were added into a lottery.

In preparation for WKD 2016, they had a meeting with some pediatric nephrologists of Ankara on January 7th, 2016; here they prepared a program for a Meeting. They will hold a meeting in the Conference Hall of Yenimahalle Municipality. Yenimahalle City Council Children Parliament is expected to be in the meeting. Mr. Tansu Gürpınar, who is the master of photography, will present a slide show named “50th Year with Seven Lakes” and Prof. Ayla San M.D. will arrange a photograph exhibition named “Nature”. 