PRESIDENT’S MESSAGE

Dear Members,

For those of you who missed our Annual Meeting in Budapest, highlights will be published in this newsletter.

One important decision by the Council: The election of Guillermo Garcia Garcia to be IFKF’s next President at the end of 2013. Congratulations to Guillermo, who has been instrumental to IFKF in his roles as Chair of Programme Committees in Vancouver and Budapest, who has been a member of the World Kidney Day Steering Committee for many years. He also co-authored the WKD Scientific Editorial in 2012, and will organise our next Annual Meeting with his team.

Our Board is discussing the strategic future of IFKF, including a new and sustainable positioning. We will explain in this newsletter.

IFKF, in its efforts to “build the brand” will be present at ASN 2012 in San Diego and at ERA EDTA in my hometown, Istanbul, in 2013. More in this newsletter.

Timur Erk, President

Topics in This Newsletter:
• Annual Meeting in Budapest.
• Winners of the Poster Awards.
• IFKF: Future Strategy and New Positioning.
• Next Annual Meeting: 2013 through 2016.
• 2012 for IFKF: A not-so-easy Financial Year.
• An independent KDIGO.
• WKD 2013: A New Theme and Other Facts.
• IFKF at ASN, San Diego and ERA EDTA 2013.
• Fresenius and IFKF: Joint Sponsoring of the AFRAN Conference, February 20, 2013.
• News on Other Sponsors and Partners.

You will also find latest news on our new website www.ifkf.org

1. ANNUAL MEETING IN BUDAPEST, AUGUST 22-25

There were 64 participants from 11 countries (Australia, Austria, Bulgaria, Egypt, Fiji, Germany, Hungary, India, Japan, United Arab Emirates and the USA). There were 54 Speakers, 31 of whom joined us from abroad representing 15 countries.

A total of 23 countries were represented: Australia, Austria, Bulgaria, Brazil, Canada, Egypt, Fiji, France, Germany, Hungary, India, Italy, Iran, Ireland, Japan, Netherlands, Malaysia, Mexico, Spain, Turkey, United Arab Emirates, United Kingdom and the USA.

The attendees and their spouses met at a Hungarian welcome dinner and enjoyed traditional Hungarian music.

More pictures on website

In this newsletter we use some pictures, illustrating the topic. Many more photos taken during the Annual Meeting can be viewed and downloaded at www.ifkfbudapest.com. Go to “Gallery” in the main menu.

A selection of pictures taken by attendees can be viewed in the Photo Gallery on the IFKF website.
Download of Presentations
All available presentations can be downloaded from www.ifkfbudapest.com. Click on Program and Presentation Information in the menu, then select “Download Presentation”. Password is budapest2012.

Budapest 2012: An Ambitious Goal
The goal of the four-day international conference was to survey the progress and difficulties of nephrology and to summarise the achievements of kidney foundations with special attention to the situation, difficulties, opportunities and international cooperation of the Kidney Foundation.

Perfect Organisation by the Hosting Hungarian Kidney Foundation.
László Rosivall, the president of the conference and member of IFKF Board, founded the Hungarian Kidney Foundation in 1987 with the primary intention of accelerating the development of nephrology in Hungary, i.e. scientific research, education, prevention, diagnosis, therapy, dialysis, transplantation and rehabilitation. Over the last 25 years the Hungarian Kidney Foundation played a central role in deserving international recognition of the Hungarian nephrology, which has been further corroborated by the current conference.

Hungarian Patients and Healthcare Professionals Attended on the First Day
On the first day of the conference Hungarian patients and healthcare professionals were invited. Hungarian experts summarized their approach of chronic diseases, the results of national psycho nephrology, pioneering intentions of prevention and rehabilitation of kidney diseases. Kálmán Polner, the head of the “St Margaret Kidney Foundation”, was one of the leading speakers. Attendees from outside Hungary appreciated the unique Hungarian approach of medical attendance, the Bálint groups, the patient’s camps, and the dialysis stations, where the patients work themselves, joining the activities of patients in different Foundations.

A special lecture, held by Professor György Reusz, the president of the Hungarian Society of Nephrology, covered the recently started Hungarian National Kidney Program. The researchers and industrial designers informed us on the current status of the portable dialysis machine in detail.

Other Highlights
Among the highlights of the program were the update on the miniaturized portable artificial kidney project led by the Dutch Kidney Foundation, and the importance of physical activity and sports in the rehabilitation of CKD patients. The use of modern technologies, such as the online renal nutrition support and the use of telemedicine for patient education in Canada were discussed by Joanne Kappel and Nadine Valk from Canada. Maria Valentin and Mitra Madhavi-Mazdeh gave an overview of the results of the successful Spanish and Iranian transplant programs, respectively.
The successful paediatric transplant programme developed by the Associazione per il Bambino Nefropatico in Nicaragua, as well as the development of dialysis facilities in the emerging world by Bridge of Life, showed what collaboration between kidney foundations and local nephrologists can achieve.

The scientific programme, the medical care of Hungarian renal patients, the surroundings, the organisation of the meeting, the venue of the congress, the excellent Hungarian kitchen, the evening Danube cruise and the valuation of Hungarian vines led to real appreciation for and success of the Conference.

Unique Initiative: Declaration of Budapest
On the initiative of Laszlo Rosivall and with input of IFKF Board members A Declaration of Budapest has been drafted.

The message of the Declaration is that prevention of chronic kidney diseases as well as successful treatment and rehabilitation of renal patients does need joint efforts and aligned actions. We need a new holistic (bio-psycho-socio-spiritual) approach in which the patient the family and the society play an at least as important role as the doctors.

The Declaration of Budapest (see Appendix or at ifkfbudapest.com) has been signed by John Feehally, President ISN, (3rd from left on the photo) Timur Erk, President IFKF (2nd from right) and Laszlo Rosivall, President of the 13th IFKF Annual Meeting (standing) during one of the sessions, followed by a press conference.
Next Annual Meetings in the Next 4 Years
After consulting members, I am proud to announce that we have made a schedule for the next four Annual Meetings:

2013: The next Annual Meeting will be in October 2013, Puerto Vallarta, Jalisco, Mexico. The planning will be coordinated around the 2013 ASN meeting in Atlanta.


2015: Japan, location to be decided

2016: Egypt, location to be decided

Gamal Saadi, President of the National Kidney Foundation of Egypt, here on photo during an interpellation the Annual General Meeting (Council meeting) will host this meeting.

2. WINNERS OF THE POSTER AWARDS

Selecting the Poster Awards was again an interesting experience.
See the pictures below:

Miguel Riella and Guillermo Garcia Garcia, listening to the explanation about one of the Hungarian Posters.

Poster winning Tanker, India
One of the proud winners: IKEAJ of Japan

The World Kidney Poster from NKF of Malaysia

The list of all Poster Award winners will be published on www.ifkf.org

3. IFKF’S FUTURE STRATEGY: A NEW AND DISTINCTIVE POSTIONING

A strategy group, preparing a paper, the Board and the Council have discussed the future strategy of IFKF. The strategy document has been sent to all members prior to Budapest. If you need another copy, please contact Els de Weerd.

Two important matters are clear in the meantime: IFKF’s mission and the key words in our future positioning.

Mission

‘To help develop local kidney foundations, not-for-profit organisations and individuals to enable and empower them to improve health, well-being and the quality of life for all individuals at threat from kidney disease.’

Key Words in Our Positioning (not the final wording)

‘IFKF is a leading multidisciplinary kidney organisation, bringing together medical and health care professionals, authorities, volunteers, and patients in local foundations, which have a visible presence in local communities. IFKF and its members are focussed an integrated approach to detection and prevention in order to decrease kidney replacing therapies, and on Integrated (holistic) patient care for a better quality of life.’

The Board has to decide in the coming weeks on an operational plan: which steps need to be taken, by whom and when? We will publish the Board decisions on mission (‘our relevance in society’), positioning (‘what makes IFKF unique and distinctive?’), prime objectives for 2013, and our programs and tools, available for our members immediately after Board decisions about the operational plan.
4. IFKF: EXPOSURE AT ASN SAN DIEGO

IFKF will be at ASN at booth 1838.
We will meet industry members together with ISN representatives to find additional sponsors for World Kidney Day. We will also meet with industry and others to discuss global partnerships with IFKF.

Together with our long-term partner, Fresenius Medical Care and with the help of IFKF members from the region, we are supporting a number of activities in sub-Saharan African countries.

The next large event will be the AFRAN congress in Ghana, February 2013. IFKF will be a sponsor of this event in close cooperation with Fresenius Medical Care. IFKF will present itself in a small booth separated from the Fresenius booth. We will keep you informed about this event and IFKF’s presence, which in this form is new to IFKF.

5. IFKF IN 2012: FINANCIALLY A ‘NOT-SO-EASY-YEAR’.

2012 has brought us more challenges than we saw in 2011, which was an outstanding success with considerable addition to our reserves. However, in 2011 income from Members was reduced and the success in developing partnership funding was the main contributor to the increase in reserves.

Our 2012 income Forecast has been significantly revised following the cancellation of the MSD project in 2012/13 and the subsequent withdrawal of funding relating to the current year. However we are hopeful that we will be able to open negotiations with MSD for further funding in 2013. The latest 2012 full year Forecast indicates a small surplus of approximately $5,000.

Our priority for the remainder of 2012 and 2013 is to increase our restricted and unrestricted income from partner funders.

Membership Fees 2012: Another Reminder
Els de Weerd has sent reminder invoices to those members who have not yet paid their dues.
If you wish to pay by credit card we can process your payment according to the instructions regarding confidentiality on the invoice. A confirmation is automatically sent to you by the secured system which we use.

To avoid misunderstanding in the future, members who are not paying their fees cannot vote during Council meetings and will not benefit from special (sponsored) activities and will ultimately be removed from the membership list.
6. IFKF AND AN INDEPENDENT KDIGO

Some bullet points from John Davis’ presentation in Budapest:
- Independent non profit foundation as of October 1, 2012
- Mission:
  - Global Evidence Based Guidelines
  - Global Implementation Programs
  - Controversy Conferences
- Latest Guidelines: Acute Kidney Injury; Glomerulonephritis; Blood Pressure in CKD; Anemia in CKD
- Guidelines in Development: CKD Classification and Treatment; Lipids in CKD; Peritoneal Dialysis
- Ambitious 2013 Agenda, including follow up on Corporate Roundtable, October 4, 2012

7. WDK 2013: A NEW THEME

The WKD Steering Committee has decided to focus WKD 2013 on Acute Kidney Injury (AKI), a relatively new topic. The WKD main tagline: **Kidneys for Life is still appropriate and will continue.**

One of the proposed visuals:

![Stop Acute Kidney Injury](http://www.worldkidneyday.org)

The WKD 2013 Steering Committee will make final decisions about visuals. We will publish the selection on www.ifkf.org. And of course you can visit www.worldkidneyday.org.

8. PARTNERS AND SPONSORS: SOME LATEST NEWS

**Fresenius Medical Care** has intensified their partnership for 2012. For mutual activities we refer to the section ‘IFKF Presence in Africa’. We will talk to Fresenius about a 2013 partnership at the end of November of this year.

We are talking to Fresenius Kabi about a partnership in the medical area of renal nutrition, in which area IFKF members have considerable expertise.

With **Abbott** we are continuing to work together on two projects:

**KidneyHealth for Life**

Main objective of KH4L:
‘To develop a systematic international inventory to evaluate gaps and inequalities in care for CKD patients – with an emphasis on early detection and management of the disease – and to provide guidance/recommendations to address these gaps and inequalities to improve the standard of care.’

- IFKF has been represented during a Steering Committee meeting in Paris. More about this ambitious project in a separate message.

**International Challenge**

The leaflet for this competition is ready. The leaflet will be distributed to members, with some guidelines for entering the competition. **See next page in full size.**
After the cancelation of the project due to insufficient support for the medical field, MSD/Merck has promised to discuss a possible partnership based on MSD's 2013 strategy.

HemoCue is actively supporting screening programmes in Kenya, organised by NKF Kenya (former KHATO). We are discussing with HemoCue the possibilities of material support for detection programmes in other countries.

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The 2012 Budapest Declaration of the IFKF

A holistic approach to address the bio-psycho-socio-spiritual needs of individuals living with chronic kidney disease

Chronic Kidney Disease poses a growing concern for society in both developed and developing countries. It is the responsibility of the medical and health care communities, governments and civil bodies to act collaboratively to address the challenges for patients living with chronic kidney disease in a holistic manner, to achieve the best health outcomes, including rehabilitation and quality of life.

We recommend that national governments in collaboration with international and non-governmental organizations develop and implement, as a priority, comprehensive programs for the screening, prevention, treatment and rehabilitation of individuals living with chronic kidney disease.

We recommend that these organizations increase the level of their funding for the advancement of clinical and basic scientific research related to kidney disease of all types with the ultimate goal of ensuring a continual provision and application of the most advanced knowledge and technical advances for the benefit of kidney patients. The translation of scientific research findings into clinical practice should be facilitated and supported.

We recommend that medical communities employ a holistic approach for the treatment of patients living with chronic kidney disease, recognizing all their bio-psycho-socio-spiritual and somatic needs. It is important to combine the cutting-edge modern technology of the 21st century with the methods of healing focusing on the whole person and individual care to ensure better efficacy in the prevention, treatment and rehabilitation.

Educational activities of scientists, healthcare professionals, kidney patients and the public-at-large regarding prevention, detection and treatment of kidney disease in all its aspects should be recognized and supported. These goals should become a priority and focus for governments and non-governmental organizations. Education, as an essential step in the self-care by patients, has received less attention and deserves more focus and support.

We believe that implementing these recommendations and actions will have a substantial effect on the outcomes and quality of life for our patients and will contribute to the sustainable development of medicine and mankind as a whole.

Budapest, 25/08/2012

Signed and endorsed by:

László Rostváll
President of the 13th IFKF Annual Meeting

John Feehally
President of ISN

Timur Erk
President of IFKF