
IFKF-WKA Connect
January 2021
Official Newsletter of IFKF-WKA
IFKF-WKA Connect
Jan 2021

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1. President’s message.
2. Relaunch IFKF-WKA.
5. Annual General Meeting (12 December 2020).
9. Publication.
11. Forthcoming programs of IFKF-WKA, flagship programs.
12. Membership fee, application form
13. Website, social media, contact email.

Editorial Board
Ms. L Kumaraswami
Ms. A Onat
Ms. E Obeng
Mr. Tashi Namgay
Dr. SF Lui
Welcome to the first issue of IFKF-WKA newsletter.

International Federation of Kidney Foundation was relaunched as International Federation of Kidney Foundation – World Kidney Alliance (IFKF-WKA) on 1 July 2020. IFKF-WKA is a renal community beyond kidney foundations, we are extending our partnership with patient group, association and organisation in the kidney field.

We have a revised vision – Better kidney health for all and Optimal care for people with kidney disease. We have a range of flagship programs, including (i) early identification of renal disease, (ii) patient engagement and partnership and (iii) renal nutrition, diet and a world kidney recipe.

We welcome new members to join IFKF-WKA. We look forward to our ex-members re-joining the new IFKF-WKA. We believe everyone has something to contribute, to share and to learn from each others. Let’s work together for better kidney health for all, and better care for patients with kidney disease.

SF Lui.
**Vision**
Better kidney health for all.
Optimal care for people affected with Kidney Disease / Failure.

**Mission**  To leading a worldwide movement to
- Promote better kidney health with primary, secondary and tertiary preventive measures.
- Promote optimal treatment and care so as to maximize the health, quality of life, and longevity for people with or at high risk for developing kidney disease / failure.

**Strategy**  A worldwide renal Community
- To establish an international community and a network for people and organizations who are committed to improving the health and care of people with or at high risk for developing Kidney Disease or Kidney Failure.
- To act as a global advocate for issues related to Kidney Health and Kidney Disease.
- To partner with stakeholders, healthcare professionals, interested people, including patients and patient advocacy groups and related organizations worldwide.
- To co-design, co-produce programs and projects with stakeholders.
- To share expertise, experience, knowledge and resources.
- To advocate and promote an effective, efficient and high-quality healthcare system across the world for the prevention and care of patients with or at high risk for developing Kidney disease or Kidney failure
- To promote patient-centred care, patient engagement and empowerment.
- To promote and conduct World Kidney Day activities.
- To promote education programs worldwide.
- To promote research concerning the kidney, disease and the care of kidney patients.
Council members (2020-2021)
Dr. SF Lui, BBS. MH. JP (Hong Kong) – President
Prof. Kam Kalantar-Zadeh MD (USA) – Past-President
Ms. Latha Kumaraswami (India) – President-Elect
Mr. Carlos Castro (Mexico)       Dato Dr. Zaki Morad (Malaysia)
Dr. Alessandro Balducci (Italy)  Ms. Ayşe Onat (Turkey)
Ms. Esther Obeng (Ghana)         Mr. Tashi Namgay (Bhutan)
Dr. Ágnes Haris (Hungary)        Prof. Harun Ur Rashid (Bangladesh)

Co-opted members (past presidents)
Joel Kopple (USA), Guillermo Garcia García, (Mexico), Gamal Saadi (Egypt)

Senior Advisors
Timur Erk (Turkey), Professor Loreto Gesualdo, Dr. Laszlo Rosivall (Hungary)

Advisors
Lawrence Agodoa, MD, (USA/NIH), Allison Tong (Australia)
## Committees

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In Bold = Convenors
Annual General Meeting

12 December 2020

Annual report 2020
Annual Meeting
Co-living with COVID-19
Sharing of experience

Bangladesh
Prof. Harun Ur Rashid

Hong Kong
Dr. Siu-Fai Lui

India
Ms. Latha Kumaraswami

Italy
Dr. Alessandro Balducci

Malaysia
Dato Dr. Zaki Morad

Turkey
Presentation
Kidney Foundation Symposium
Promotion of Kidney Health and Better Care of Patients with Kidney Disease – International and Asian Perspectives

Nutritional & Conservative Management of CKD in COVID Pandemic
Prof. Kamyar KALANTAR-ZADEH (United States)  https://youtu.be/ZpcnI20PYwA

Better Kidney Health for All and Better Care and Quality of Life for People Affected by Kidney Disease - Hong Kong Kidney Foundation
Prof. Siu-Fai LUI (Hong Kong)  https://youtu.be/LwXBbFq0h98

Promotion of Kidney Health and Better Care of Patients with Kidney Disease, a Collaborative Effort Between Ministry of Health, Professional Societies and Non-Governmental Organizations – The Malaysian Experience
Dr. Zaki MORAD (Malaysia)  https://youtu.be/bYTkrBdtV8w

Better Kidney Health for All and Better Care and Quality of Life for People affected by Kidney Disease - India Tanker Foundation
Dr. Latha KUMARASWAMI (India)  https://youtu.be/fd2BzamdZ-4
2nd ASOT & 6th Annual Congress of The Egyptian Transplantation Society (ETS) in Collaboration with TTS, IPTA, MESOT, and IFKF with Contribution of the DTI, NOTIFY, OSCE, AFRAN, Kidney academy and AFNNA
Under Patronage of his excellency prime minister Dr Mostafa Madbouly
Theme: Challenges and Updates in Transplantation
Grand Nile Tower - Qasr ElNil – Cairo  20th - 22nd January 2021

Plenary (1): IFKF
Better kidney Health for all,
Better care of patients with kidney disease.
Siu-Fai Lui (Hong Kong)
Presentation

Symposium - A Kidney:
Updated tools in education & patient management (Kidney Academy & IFKF)
World Kidney Recipe for Kidney Health
Kamyar Kalantar Zadeh (USA)
Presentation
Hepatitis C virus infection and global kidney health: the consensus proceedings of the International Federation of Kidney Foundations

Abstract

Hepatitis C virus (HCV) infection is an important cause of major morbidity including chronic liver disease, liver cancer, acute kidney injury and chronic kidney disease (CKD). Among patients with kidney disease who have HCV infection, the clinical outcomes are worse. The prevalence of HCV infection is exceptionally high among dialysis and kidney transplant patients throughout the globe. It is estimated that 5% to 25% or more of dialysis-dependent patients are affected. Almost half of all deaths in CKD patients, including HCV-infected patients, are due to cardiovascular disease and HCV-infected patients have higher mortality. Given the importance and impact of the HCV epidemic on global kidney health, and the status of Egypt as the nation with the highest prevalence of HCV infection in the world along with its initiatives to eradicate HCV, the International Federation of Kidney Foundations convened a consensus conference in Cairo in December 2017. This article reflects the opinions and recommendations of the contributing experts and reflects that, with the current availability of highly effective and well tolerated pharmacotherapy, CKD patients should be given priority for the treatment of HCV, as an important step towards the World Health Organization’s goal of eliminating viral hepatitis as a public health problem by 2030.

Keywords: hepatitis C virus infection, Africa, chronic kidney disease.
The World Kidney Day Steering Committee calls for the inclusion of life participation as a key focus in the care of patients with CKD and as a building block towards delivering the ultimate goal of living well with kidney disease. Patients with CKD and their family members or other care-partners should be empowered to achieve the health outcomes and life goals that are meaningful and important to them. This will require patients to understand their role, to have the necessary knowledge to be able to engage with clinicians in shared decision-making, as well as developing the skills and support for effective self-management.

We further advocate for strengthened partnership with patients in the development, implementation and evaluation of interventions for practice and policy settings, that enable patients to live well. This needs to be supported by consistent, accessible and meaningful communication.

We also call for greater emphasis on a strengths-based approach which encompasses strategies to support patient resilience, harness social connections, build patient awareness and knowledge, facilitate access to support, and establish confidence and control in self-management.

We call for more effective and more integrated and holistic symptom management for all patients with kidney disease beyond traditional kidney therapies including effective strategies to identify and manage symptoms that cause suffering including pain, sleep issues, anxiety, depression, stress, mobility, frailty, and others and ask for more education and management strategies to alleviate these symptoms so that patients and their care-partners can have a better health-related quality of life.

Two worldwide Webinar on “Living well with kidney Disease” will be held on 11 March 2021. Further information will be announced.
1. Living well with kidney disease

(a) World Kidney Day Steering committee
   Editorial for Kidney International and 30 others journals
   A worldwide webinar on 11 March 2021.

(b) A questionnaire for patient to conduct a self-assessment and reflection (Patient engagement).
   A patient survey on Living well with kidney disease.
   (a contributed by Hong Kong Kidney Foundation and Hong Kong Society of Nephrology and Hong Kong Association of Renal Nurses)

(c) Other publications on living well with kidney disease
A questionnaire for patient to conduct a self-assessment and reflection

Online survey Google-form

If your organization is interested to use this questionnaire/survey form, please contact luisf@luisf.org
2. Renal nutrition, diet and a World Kidney Recipe
   Eat smart, eat well
   – for better kidney health and patient wellbeing.

(a) Renal Nutrition and Diet
   – Healthcare professional corner.

(b) ABC of Renal Nutrition and Diet
   – Patient corner

(c) World Kidney Recipe
   – A collection of recipe from around the world.
   Bring back the joy of eating for our patients.
3. Better kidney health for all

(a) Early detection, early treatment
   Identify people at risk (on-line quiz)

(b) Optimise the care of patient with diabetes
    and hypertension (to prevent/ slow down
    the deterioration of kidney function).

(c) A focus on primary prevention
    - obesity and hypertension.
4. Partnership with patients
   - Information for patient.
   - Sharing of patient stories.

5. Bright ideas and Expert corner.


7. Webinar/meetings.
   - Consensus meeting, topic conference.

8. Awards
We warmly welcome new member to join us. Let’s work together for better kidney health for all, and better care for patients with kidney disease.

Membership fee for 1 Jan 2021 - 30 June 2022 (18 months)

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Application – information [download file](#)  
Application form [download file](#)  
*Can request special consideration for waiving of membership
Website
Social media
Contact

www.ifkf.org
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https://www.facebook.com/IFKF.org

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