



Kidney Health for all.
Optimal care for people
with kidney disease.

IFKF-WKA Connect
1 April 2022

Appendix 1: 2022 World Kidney Day report

Updated 24 August 2022

2022 World Kidney Day

Report by IFKF-WKA members

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Mrs. Deborah Griffith, a member of the Barbados Kidney Association presenting a token of appreciation to another member Anthony Sobers.

Anthony Sobers, Kelvin Alleyne and Allan Haynes developed a presentation which was shared at several churches across the island on the Sunday before World Kidney Day 2022.



https://drive.google.com/file/d/1csvH_RRwjU07imsA62Nfylsjy-qzulUC/view?usp=sharing



Some of the attendees at the service on Sunday, March 6, 2022 in the beautiful Botanical Gardens in Barbados.



WORLD KIDNEY WEEK

World
Kidney Day,
March 10,
2022



President at 6:00 AM with Shane Sealy
Anthony Sobers at 6:30 AM with

Tips during the CBC -TV
evening news for several days
during World Kidney Week

SPONSORED BY



CO-OPERATORS GENERAL INSURANCE



VOB - 92.9

Tues- 12.45 p.m./4.50 p.m.

Thurs. 11.45 a.m. & 4.50 p.m.

Sat/Sun 7.15 a.m.

CBC - 100.7

Tues./Thurs. 5.55 a.m. & 2.10 p.m.

Sat./Sun- 8.55 a.m. & 5.55 p.m.



Display several days during WKW on
the large screen on the main street.

BARBADOS KIDNEY ASSOCIATION



One of the Patrons Dr. Margaret O'Shea
was appointed as Caribbean coordinator
for 10 islands
by the Commonwealth Tribute for Love
Project

<https://drive.google.com/file/d/1cH8thZpd5g-kSo4li7IG3EqwpKVGM4J0/view?usp=sharing>



The SILS Dialysis Clinic gave all the patients a healthy meal on World Kidney day.
Allan Haynes, the President of the Barbados Kidney Association and a patient at the SILS Clinic receiving a meal from Keisha Lynch, General Manager of the SILS Dialysis clinic.

NATIONAL UNION OF PUBLIC WORKERS HEALTH FAIR



Barbados Kidney
Association Booth



Barbados Kidney Association Booth
Members



Barbados Kidney
Association Mascot and
Little Khaleesie both help
with the Booth

Free Medical Camp by Kidney Foundation

A free medical camp has been organized at Gulshan, Dhaka by Kidney Foundation, Bangladesh on 9th March, 2022 marking World Kidney Day

The chairman and the managing director of Kidney Foundation along with doctors, nurses and technicians provided free blood pressure and blood sugar check up and free consultation.

People from all walks of life was present, notably, ex Chief Election Commissioner and current British High Commissioner.



- This year Kidney Foundation has organized a seminar in capital city Dhaka which was attended by number of dignitaries and physicians
 - All participants were wearing masks, cap and special T-shirt with WKD logo following all precautionary measures and participated in the rally.
 - Leaflets were distributed.
 - This seminar was broadcasted by different television channels of Bangladesh e.g. ATN channel and Gazi TV channel.
-
- Kidney Foundation has also organized similar seminar in a rural settings of Bonogram, Pabna including healthcare professionals and general people.
 - Prof. Harun Ur Rashid, Chairman and Founder of Kidney Foundation wrote an article in Bengali for general people on different aspects of Kidney health, which is was published in a national newspaper on 11th march, 2022



- National Prof Mahmud Hasan, President BMDC, receiving crest from Prof. Harun Ur Rashid, Chairman and Founder of Kidney Foundation on World Kidney Day, 2022



- To mark the Day Bangladesh Renal Association organized seminar along with Kidney Foundation Hospital and KAMPS. Early in the morning they brought out a colorful Rally with eminent physicians and nurses in the capital city.
- Followed by discussion regarding bridging the knowledge gap for better kidney care.



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- Followed by discussion regarding bridging the knowledge gap for better kidney care.

Roundtable Discussion

Participants in a roundtable meeting organized by the voluntary organization Kidney Awareness, Monitoring and Prevention Society (KAMPS) was held at the conference room of the daily Prothom Alo in the city's Karwan Bazar on Saturday marking World Kidney Day, 2022

National Institute of Kidney Diseases and Urology

- After morning rally a discussion program was held in NIKDU on “Living Well with Kidney Disease”.
- Family screening program of CKD patients for kidney diseases , diabetes and hypertension among nephropathy patients was done from 8-19 March



The ISN Community Film Event 2022



This year among the seven 2022 finalists are one of the Film
was from Kidney Foundation Hospital and Research Institute
Kidney Transplantation : New Life New Hope

Under the Auspices of the MOH, ESNT & NKF Egypt

Lighting the Cairo Citadel and projection of WKD logo on the Fence on the 10th of March

On the 11th March:

- A Marathon "Run or walk for your kidneys" at al Ahly Club which is one of the sports and social clubs in Cairo.
- Awareness seminar to the public.
- football match with Al-Ahly team against ESNT nephrologists
- All day there was screening for diabetes, hypertension, kidney disease and Covid vaccination.

2 days later:

A press conference where most of the Egyptian media, TV and radio channels and journals were present

National Kidney Foundation Egypt



National
Kidney
Foundation
Egypt



National Kidney Foundation Egypt



National Kidney Foundation Egypt



January – February 2022




፩ ዓይነት 2 የስኳር በሽታ የመያዝ ዕድልን እንዴት መቀነስ ይቻላል?

- ክብደትን በመቀነስ
- የእካል ብቃት እንቅስቃሴ በማድረግ
- ብዙ ጊዜ የተመጣጠነ የአመጋገብ ስርዓት በመከተል

5 How can you prevent developing type 2 diabetes?

- Lose weight and keep it off.
- Exercise
- Eat healthy foods most of the time.




Your kidneys are a very important organ in the body. They are two bean-shaped organs, each about the size of a fist, located just below the rib cage, one on each side of your spine.

Your kidneys help your body by

- Getting rid of waste products, drugs, and toxins through our urine.
- Regulating electrolyte concentrations
- Regulating amount of fluid within the body
- Helping regulate blood pressure
- Helping maintain acid-base balance
- Producing hormones that affect blood and bones

ኩላሊትዎ በሰውነትዎ ውስጥ በጣም አስፈላጊ እንላት ናቸው። እያንዳንዳቸው የጡጫ መጠን እና የጥቁላ ቅርፅ ያላቸው የእካል ክፍሎች ናቸው። ከጎድን አጥንት በታች፣ በእኩርግሪዎ በሁለቱም በኩል ይገኛሉ።

ኩላሊቶችዎ ሰውነትዎን የሚረድቡ መንገዶች

- የቆሻሻ ምርቶችን፣ መድኃኒቶችን እና መርዛማ ነገሮችን በሽንት ውስጥ በማስወገድ።
- የንጥረ ነገር ስብስቦችን በመቆጣጠር
- በሰውነት ውስጥ ያለው ፈሳሽ መጠን በመቆጣጠር
- የደም ግፊትን በመቆጣጠር ይረዳሉ
- የአሲድ-መስራትን ሚዛን በመጠበቅ
- ደምን እና አጥንትን የሚረዱ ሆርሞኖችን በማምረት ይረዳሉ።






፪ ለደም ግፊት ተጋላጭነት ምክንያቶች ምንድናቸው?



- ጤናማ ያልሆኑ አመጋገብ (ከመጠን በላይ የጨው ፍጆታ፣ ከፍተኛ የስብ ይዘት የበዛበት ምግብ፣ የፍሬፍሬ እና የአካልቶች በዝቅተኛ መመገብ)
- ከመጠን በላይ ኮብደት ወይም ከመጠን በላይ ውፍረት
- የደም ግፊት የሚጠራ ጋሪስ
- ዕድሜያቸው ከ 65 ዓመት በላይ የሆኑ ሰዎች
- እንደ የስኳር በሽታ ወይም የኩላሊት በሽታ ያሉ አብሮ-ሃር በሽታዎች

2 What are the risk factors for hypertension?

- Unhealthy diets (excessive salt consumption, a diet high in saturated fat and trans fats, low intake of fruits and vegetables).
- Physical inactivity
- Consumption of tobacco and alcohol
- Being overweight or obese.

Family history of hypertension

- Age over 65 years
- Co-existing diseases such as diabetes or kidney disease.

፫ የኩላሊት ድክመት ምንድነው?

የኩላሊት የተረፈ ምርቶችን የማጣራትና የማስወጣት እንዲሁም የሰውነት ጠቃሚ የሆኑ ምርቶችን የማምረት ብቃት ሊያገድብ የሆነ ውቅብ ማለት ነው። ይህም በተለያዩ የኦብሮግሪዎች ውጤቶችም ይገለጻል።

ሁለት ዓይነት የኩላሊት ድክመቶች አሉ፡ እስራም

- **አጣጣሪ የኩላሊት ድክመት** - የኩላሊት ሥራ በፍጥነት ማጣት ነው። በአጭር ጊዜ ህክምና የኩላሊት ብዙውን ጊዜ ይሻሻላል።
- **ሥር የሰደደ የኩላሊት ድክመት** - ድክመት ከብዙ ወሮች እስከ ዓመታት ድረስ ቀስ በቀስ፣ ደረጃ በደረጃ እና የማይቀለበስ የኩላሊት ሥራ ማጣት ነው።

ሁለቱም የተለያዩ ደረጃዎች አሏቸው እና እንደ እንዳለንዳሉ ደረጃ እንዳንድ የሕክምና ልዩነቶች ይለያያሉ።



3 What's Kidney Injury?

Kidney injury is defined as significant reduction in the ability of the kidneys to filter and excrete waste products and maintain other functions. There are different laboratory values that help define this definition.

There are 2 types of kidney failure

- **Acute kidney failure** - is a rapid loss of kidney function. With short term support kidneys usually improve.
- **Chronic kidney failure** - is gradual, progressive and irreversible loss of kidney function over several months to years.

Both have different stages and with each stage some of the medical managements differ.

፬ ሩሳዎች በመጠበቅ የስኳር በሽታን እንዳት ሙቅጥጠር ይቻላል?

ከህክምና አካል ጋር የስኳር ህመምን ለመቆጣጠር የስኳር ህመም ይሰራበት እንደ ወፍጠር ይቻላል።



ይህንን ማድረግ የሚችሉት

- በደም ውስጥ ያለው የግሉኮስ መጠን ብዙ ጊዜ ይለኩ
- ከምግብ በፊት ከ 80 እስከ 130 mg / dL
- ምግብ ከመጀመር ከ 2 ሰዓት በኋላ ከ 180 mg / dL በታች ከሆነ
- መድኃኒትዎን በእግብስ ይውሰዱ
- የስኳር በሽታ ምግብ (ቅድ) ይከተሉ
- የእካል እንቅስቃሴ ያርጉ
- የደምን የፍላጎት እና የኩላሊት ማወቅ ምርጫ ያድርጉ
- የደም ግፊትዎን እና የላቤራሽንን ይቆጣጠሩ።

6 How do you manage your diabetes?

You can manage your diabetes and live a long and healthy life by taking care of yourself each day. With the help of your doctor, you can create a diabetes self-care plan to manage your diabetes. You can do this by:

- Check your blood glucose levels frequently.
- Before a meal: 80 to 130 mg/dL.
- About 2 hours after a meal starts: less than 180 mg/dL.
- Take your medicine.
- Follow a diabetes meal plan.
- Make physical activity part of your routine.
- Annual checkup of your eyes, heart and kidney.
- Manage your blood pressure and cholesterol.






፭ የቆየ የኩላሊት በሽታ መንስኤዎች ሊሆኑ የሚችሉ ምክንያቶች

- የኩላሊቶችን የማጣሪያ ክፍሎችን የሚጎዱ በሽታ
- በእግባቡ ክትትል የሌለው የስኳር በሽታ
- በእግባቡ ክትትል የሌለው የደም ግፊት በሽታ
- የተለያዩ ስሶች

4 Causes of chronic kidney disease

- A disease that damages the kidneys' filtering units.
- Uncontrolled Diabetes
- Uncontrolled Hypertension
- Substance use
- Inherited disease
- Malformations

፮ ስለ ደም ግፊት በሽታ ይህን ያውቃሉ?

የደም ግፊት ምንድን ነው?

የደም ግፊት በሁለት ቁጥሮች ይገለጻል። የመጀመሪያው (ሲስቶሊክ) ቁጥር ልብ ሲወጠር ወይም ሲወጥ ሥርዓት ውስጥ ያለውን ግፊት ይወክላል። ሁለተኛው (ዲያሎሊክ) ቁጥር ልብ በሚመጥ መካከል በሚፈጸምበት ጊዜ ያለውን ግፊት ይወክላል። እነዚህ ቁጥሮች ከ5 ሊላ የደም ግፊት ይባላል።

በሁለት የተለያዩ ቀናት በሚሆን ጊዜ የደም ግፊት መጠን በሁለት ቀናት ውስጥ የላይኛው የደም ግፊት ንባብ 140 የታችኛው የደም ግፊት ንባብ 90 እና በላይ ከሆነ።

Did you know this about Hypertension?

What is hypertension?

Blood pressure is written as two numbers. The first (systolic) number represents the pressure in blood vessels when the heart contracts or beats. The second (diastolic) number represents the pressure in the vessels when the heart rests between beats.

Hypertension is when blood pressure is too high.

Hypertension is diagnosed if, when it is measured on both days is ≥ 140 mmHg and/or the diastolic blood pressure readings on both days is ≥ 90 mmHg.

Medical campaign for about 800 people of which about 600 were screened for kidney disease with renal function test and urinalysis with the help of GIV Ethiopia NGO and Ethiopian public health institute, St. Peter and St. Paul hospitals



Ethiopian Kidney Care



Hong Kong Kidney Foundation

World Kidney Day @ Hong Kong

Postponed from March 2022 because of COVID

Launch event of WKD 2022 (Hybrid Webinar) – 9 July 2022

Announcement of Public Interest (API) – Are you at risk of kidney disease?

On all local TV and radio - every night from 9 July 2022 to 13 March 2023

Mass Transit Railway and Electric Railway Line

132 Community Poster at 132 stations (7-13 Aug 2022) – Free of Charge

300 12-sheet Panels on lightboxes at MTR platform (15 July – 9 Aug 2022) – Free of Charge

Bus

Poster display at bus shelters and on the outside body of the bus (October 2022).

Radio programs

RTHK 9 March 2022 (Dr. SF Lui, Dr. KM Chow)

RTHK 16 March 2022 (Dr. CY Yung, Ms. Maggie Lee)

TV program

Now and VIU TV (SF Lui on Doctor online) March 2022, repeated twice every night on 3 days.

Newspapers

Full page special article on 4 newspapers (12 August 2022)



Hong Kong
Kidney
Foundation

Hong Kong
Society of
Nephrology

Hong Kong
Association of
Renal Nurses

World Kidney Day
@ Hong Kong
9 July 2022

Kidney Health for ALL

Bridge the knowledge gap to better kidney care

The 17th World Kidney Day at Hong Kong
9 July 2022 (Sat)
3:00 - 4:00 pm

WEBINAR
Seminar, patients and medical staff sharing

LIVE Stream
YouTube Live
HK Kidney Foundation

Official guests speeches
Dr. Ronald Lam, JP, Director, Department of Health, HKSAR
Mr. Henry Fan, SBS, JP, Chairman, Hospital Authority, HKSAR

Health literacy: Patient's experience and need
Ms. Maggie Ng, Ms. Hui Lai Wah and Mr. Martin Wong

Health literacy: What is it?
Dr. Chow Kai Ming and Dr. Desmond Yap

Health literacy: To connect, be connected.
Dr. Lui Siu Fai, Dr. Cheng Yuk Lun and Dr. Jack Ng

Health literacy: To communicate, be understood.
Ms. Maggie Lee, Ms. Windy Lee and Ms. Lam MK

Organizers: HKKF Hong Kong Kidney Foundation, HKSN Hong Kong Society of Nephrology, HKARN Hong Kong Association of Renal Nurses, Partner: ARPMHA

Sponsors: Astellas, AstraZeneca, Boehringer Ingelheim, Ferring Medical Care, Fowzer Kine, VIATRIS, Baxter, etc.

Launch of WKD 2022 in Hong Kong
Hybrid online webinar
with onsite attendees



A drama by patients on health literacy



What is health literacy?



To connect. Be connected.

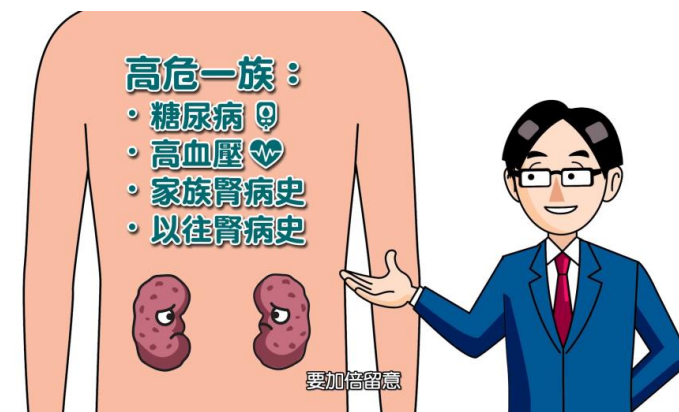


To communicate. To understand.

Announcement of Public Interest on all TV and radio Every night From 8 July 2022 to 13 March 2023



<https://www.youtube.com/watch?v=zBfLY458yqk>



Are you at risk?



Display at Mass Transit Railway and Railway Lines



Are your kidneys at risk?

世界腎臟日 在香港

全民腎康

增強腎臟照顧 填補認知不足
團結社群促進腎康

主辦機構
HK KF
COLLEGE OF NEPHROLOGY
HONG KONG SOCIETY OF NEPHROLOGY
腎智台 KIDNEY TALK
香港腎臟基金會

你有好好照顧
孤獨腎兄弟嗎？

每10個人有1個
患有不同程度腎病

及早檢查 避免腎衰竭

高危一族
· 糖尿病
· 高血壓
· 家族腎病史
· 以往腎病史

主要贊助
Astellas
AstraZeneca
Bayer
Baxter
Bioscience
Fresenius Medical Care
Novartis
Otsuka
Sanofi
YOWA KIRIN
VIATRIS

資料來源 | www.worldkidneyday.org/2022/campaign/2022-wkd-theme/

Hong Kong
Kidney
Foundation

Hong Kong
Society of
Nephrology

Hong Kong
Association of
Renal Nurses



Plan for Oct 2022
Advertisement panel on buses



Hong Kong
Kidney
Foundation

Hong Kong
Society of
Nephrology

Hong Kong
Association of
Renal Nurses

Public education on Radio and TV

<https://www.rthk.hk/radio/radio1/programme/healthpedia/episode/804030>

9 March 2022

Health Literacy

Dr. SF Lui

Chairman, Hong Kong Kidney Foundation.

Dr. KM Chow

Chairman, Hong Kong Society of Nephrology

<https://www.rthk.hk/radio/radio1/programme/healthpedia/episode/805154>

16 March 2022

Drug and kidney injury

Ms. Maggie Lee

Chairman, Hong Kong Association of Renal Nurses

Dr. CY Yung

Hong Kong Society of Nephrology



RADIO REPORT

with Prof. Dr. László Rosivall, the President of the Hungarian Kidney Foundation and the Hungarian Society of Nephrology

Dr. Rosivall spoke about the importance of early recognition and treatment of hypertension and diabetes to prevent kidney disease, avoid smoking and obesity in order to slow down the progression of CKD. He called the attention of people in our Society to the importance of paying attention to their health condition and kidney function, and be compliant with medical instructions

**RÁDIÓRIPORT PROF. DR. ROSIVALL LÁSZLÓVAL, A MAGYAR
NEPHROLOGIAI TÁRSASÁG ELNÖKÉVEL A VESE VILÁGNAPJA
ALKALMÁBÓL A KOSSUTH RÁDIÓBAN**



**KOSSUTH
RÁDIÓ**

A Vese Világnapja alkalmából a Kossuth Rádió interjút készített Prof. Dr. Rosivall Lászlóval, Társaságunk elnökével.

[Az interjú meghallgatható ide kattintva](#)

PRESS CONFERENCE

Mission of the World Kidney Day 2022:

Wide range dissemination of information can make change in recognition and treatment of CKD

1.5 million people live with chronic kidney disease in Hungary

The Hungarian Society of Nephrology, supported by AstraZeneca aims to facilitate the early recognition and treatment of CKD in order to reduce by 20% the incidence of ESRD by 2025.



Vese világnapja: széleskörű ismeretterjesztés változást hozhat a CKD felismerésében és kezelésében

Csak Magyarországon 1,5 millió embert érint az idült vesebetegség

Budapest, 2022. március 9. – A világ népességének mintegy 10 százaléka, azaz 750 millió ember szenved idült vesebetegségben (chronic kidney disease, CKD) és ebből több mint 2 millió ember részesül vesepótló kezelésben vagy szorul transzplantációra napjainkban. A különböző kórképekkel együttjáró betegség, amely alattomosan, szinte panasz nélkül jelentkezik, nehezen felismerhető. Ezért jelentősen aluldiagnosztizált, holott egy egyszerű vérvétellel és az ún. bGFR érték rendszeres vizsgálatával a CKD már korai szakaszában könnyen észlelhető lenne – hívja fel a figyelmet a [Magyar Nephrologiai Társaság](#) a holnapi Vese Világnaphoz kapcsolódva. A Társaság az [AstraZenecával](#) karöltve azt a célt tűzte ki, hogy – figyelemfelhívással, korai felismeréssel és a kezelési protokoll fejlesztésével – 2025-re 20 százalékkal csökkenti a veseműködés pótlását igénylő betegek számát hazánkban.

VIDEO PRESENTATIONS FOR WORLD KIDNEY DAY 2022

Video presentations **for patients**, their relatives, and everyone who are interested in how the kidneys work, why kidney diseases develop and how these can be treated.

Video presentations **for physicians** to increase their knowledge about kidney diseases and the treatment options, dialysis modalities, kidney transplantation.



**DEBRECENI
EGYETEM**
www.unideb.hu



**NEPHROLOGIAI VIDEO-TOVÁBBKÉPZÉS A VESE VILÁGNAPJA
(2022. március 10.) ALKALMÁBÓL**

Tisztelt Kollégák!

A Debreceni Egyetem Belgyógyászati Nephrológiai Videó-továbbképzés a Vese Világnapja (2022. március 10.) alkalmából Intézet és Klinika Nephrológiai Tanszék munkatársai továbbképző előadásokkal és esetbemutatókkal kívánt hozzájárulni a Vese Világnap sikeréhez.

Az érdeklődők 5 előadást és 6 tanulságos esetbemutatót tekinthetnek meg.

A videófelvételek a Debreceni Egyetem Multimédia és E-learning Technikai Központ stúdiójában, a Debreceni Belgyógyászati Napokra (DBN 2021. június 3.) készültek.

1. Dr. Haris Ágnes PhD: Bevezető a 2022. évi Vese Világnapra készült előadás-sorozathoz - orvosoknak
MANET Nefrológiai továbbképzések
2:24
2. Dr. Bajcsy Dóra: Akut és krónikus veseelégtelenség okai, diagnosztikája és kezelése - orvosoknak
MANET Nefrológiai továbbképzések
30:38
4. Dr. Becs Gergely PhD: A hemodialízisről és a peritoneális dialízisről - orvosoknak
MANET Nefrológiai továbbképzések
30:27
5. Dr. Török Szilárd: A vesetranszplantációról - orvosoknak
MANET Nefrológiai továbbképzések
19:51

1. Dr. Haris Ágnes PhD: Bevezető a 2022. évi Vese Világnapra készült előadás-sorozathoz - betegeknek
MANET Nefrológiai továbbképzések
2:19
2. Dr. Schnabel Karolina: A vese feladatairól és működéséről - betegeknek
MANET Nefrológiai továbbképzések
6:41
3. Dr. Laczy Boglárka: A vesebetegségek okairól, tüneteiről és kivizsgálásáról - betegeknek
MANET Nefrológiai továbbképzések
34:19
4. Dr. File Ibolya: Vesebetegség kialakulásáról magasvérnyomás és cukorbetegség talaján - betegeknek
MANET Nefrológiai továbbképzések
22:56
5. Dr. Becs Gergely PhD: A hemodialízisről és a peritoneális dialízisről - betegeknek
MANET Nefrológiai továbbképzések
9:30
6. Dr. Török Szilárd: A vesetranszplantációról - betegeknek
MANET Nefrológiai továbbképzések
18:54



India Renal
Foundation

India Renal Foundation (IRF) is a voluntary not-for-profit health organization working for Prevention, Treatment, Rehabilitation, Education and Research in the area of kidney diseases in Gujarat since January 2002.

Today IRF is in its 20th year and has 9 chapters in the state of Gujarat functioning at Ahmedabad, Mehsana, Vadodara, Surat, Bhavnagar, Rajkot Kutch-Bhuj, Geer-Somnath and Himmatnagar and have prominent citizens as advisory committee members at all chapters.

World Kidney Day 2022 – Kidney Health for All

The following events were organized by our organization with the aim of making this theme and this day truly meaningful.

Indian Renal Foundation celebrated World kidney day on 10 March 2022 across Gujarat state at our below Chapters.

Ahmedabad

India Renal foundation- Ahmedabad chapter had organized a kidney awareness program for the professors of government girl's polytechnic college and L.D engineering college. Dr. hashit Patel (Nephrologist) delivered his speech about prevention of kidney disease. Detection camps (Blood Pressure, Sugar and Serum Creatinine) were also organized in both the colleges. On the same day a free Blood pressure, sugar and kidney checkup camp was organized for the citizen of Ranip area at Nilkhanth Mahadev temple, Balolnagar, Ranip, Ahmedabad. In that 250 people were benefited.

Vadodara

India renal foundation had organized "World kidney day, 2022" program at police headquarters, Pratapnagar, Vadodara. In collaboration with SHE team, Vadodara. In this program the guest of honours was Vaishaliben Parmar- PSI of SHE team and the keynotes speakers of this event was well-known nephrologist of Vadodara Dr. Harshal Joshi. Moving Forwards, Dr. Harshal Joshi gave a descriptive presentation about the structure of the Kidney, kidney diseases, its precautions; types of dialysis, process of kidney transplant and cadaveric organ donation and Doctor Harshal Joshi gave us the knowledge that when a person is taking painkillers he/she should consume more than 3 liters of water.

Then after a narrative session the participants asked few questions about how elephant foot is related with the kidney, what should be the normal Blood pressure, diabetes. The program ended on the good note with the national anthem. The program was attended by more than 150 SHE team police officers and they were provided with the refreshments.

Mehsana

Celebration of this day at Mehsana chapter, an awareness rally was organized in Vadnagar city as well as BP, Diabetes Camp was organized in Kalol city and Kidney awareness information booklets were distributed. In addition, at Meu and Dediyan villages organized Kidney Awareness programme and BP, diabetes and kidney checkup camp. In three programs total 350 people benefited

Bhavnagar (Gujarat)

India Renal Foundation – Bhavnagar chapter had organized an awareness program drawing completion, Kidney awareness program as well as the awareness rally.

Drawing completion was held in the Tejasvi School of the Bhavnagar, there were total 40 students who participated enthusiastically in the competition. Students were encourage by giving the first, second and third prizes.

The kidney awareness rally was organized on the main road of the Bhavnagar city, the students participated and showed interest by holding the colorful poster related to kidney diseases.

Kidney disease awareness seminar and free kidney panel test was organized at Bhavnagar and in the collaboration with the Indian red cross society and the seminar was open for all. In this seminar Dr. Nilav Shah a renowned nephrologist of Bhavnagar gave detailed information about the prevention and treatment of kidney diseases.

Rajkot

A Kidney Awareness Program was organized for the students of Government Women's ITI College and the citizens of Himmatnagar Society, Shitalpark at Rajkot and also organized BP, Diabetes and Kidney Checkup Camp for K.B Jasani High School staff.

Surat

On the occasion of World Kidney Day, Kidney Awareness programs were organized for two organizations in Surat Chapter. First program was done for the employees of HPCL, Hazira in which Dr. Anil Patel (Nephrologist) informed the staff of the HPCL about kidney diseases. Another programme was held at Vibrant College in which Dr. Deepak Tamakuwala (Nephrologist) delivered his speech about Kidney.



India Renal Foundation



India Renal Foundation





INDIA KIDNEY WARRIORS FOUNDATION



10 MARCH 2022
Kidney Health for All
#worldkidneyday #kidneyhealthforall
www.worldkidneyday.org



To celebrate WKD, Kidney Warriors Foundation, Hiranandani Hospitals and Rotary Club of Thane Royales, cordially invites you to this **Educative Awareness Program** for the general public and people at risk on steps for better health.

DATE: 6TH MARCH 2022
TIME: 11 AM TO 12 PM

INTRODUCTION:

Maryann Manasseh, Brand Dev Director,
Kidney Warriors Foundation

VOTE OF THANKS:

Mr Madhu Menon,
Rotary Club of Thane Royales

KEY SPEAKERS:

Dr Sundar Krishnan, Physician and Diabetologist
Management of Hypertension, Diabetes and
Kidney Disease

Dr Mihir Kulkarni, Consultant Nephrologist
What is dialysis and kidney transplant?

Ms Savali Parag, Dietitian



Educative Awareness Programme

Nutritional Information [^] Per 100 g	
Energy	0 kcal
Protein	0 g
Carbohydrate of which Sugar	0 g
Fat	0 g
Sodium	26.85 g
Potassium	15.75 g
[^] Approximate Values	

Don't use salt substitutes unless approved by your doctor or dietician.

Most have more potassium. And people with kidney disease must limit potassium too.

PREVENT OR SLOW THE PROGRESSION OF DIABETIC KIDNEY DISEASE BY

Taking **medications** to control **high blood pressure**



Managing changes in **eating, diet, and nutrition**



Managing blood glucose levels



Losing **weight** if you are overweight or **obese**



Getting regular physical **activity**



Myths

- Drinking 8 full glasses of water a day helps flush out the toxins in the kidneys.
- All patients with kidney disease should drink a large amount of water.
- I feel fine, so I don't need to continue treatment for my kidney problem
- My serum creatinine is slightly above normal. But I am perfectly well, so there's nothing to worry about.
- Now my BP is normal, so I don't need antihypertensive pills
- If You Have Kidney Disease, You Will Know It
- Edema is present in all patients of kidney failure.
- Kidney Disease Always Leads To Dialysis Or Kidney Transplantation

to reduce the amount of liquids. I feel fine. So, I



zoom



**Creating awareness on
Organ Donation**



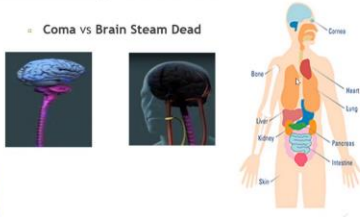
World Kidney Day
10 March 2022


At: SAP Labs India, Bangalore
 Date: 4th March
 Time: 2 pm Participated by: 58

Conducted by Ananth Acharya,
 KWF Team member, Post transplantee

Deceased organ donation

Coma vs Brain Stem Dead





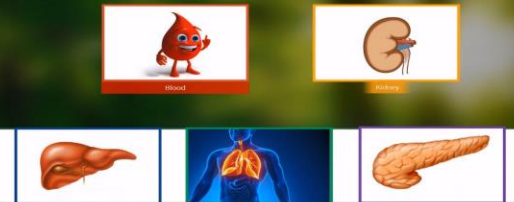
Acharya, Anant

+26

Das KK, Anu...

Basic concepts of organ donation

Tissues /Organ Donation by a Living Person



My Transplant Diary

I was diagnosed by CKD stage 4 and left with two options :
 A- Dialysis in near future.
 B - Transplant Surgery.

Donor (Shradha)

My wife is a live donor and she donated her kidney.

Got my transplant done on 19th of August 2021 and both are now leaving a normal life.

Our Blog link - [My Transplant Surgery experience](#)

Recipient (Anant)

To celebrate WKD, We cordially invite you to a Life's Learning Experience by

S. Manjamma Manasseh
 (Director Brain & Spine)
 The Kidney Warriors Foundation

Topic: Opening Talk On Organ Donation

Venue: SAP Labs India
 267X+9WC, Gandhi Nagar, Adyar, Chennai, Tamil Nadu 600020, India
 Lat 13.013491°
 Long 80.249937°
 23/03/22 12:48 PM

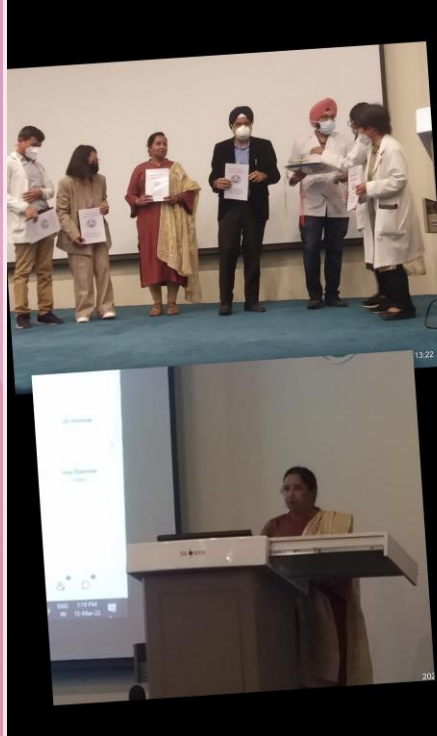
Chennai, Tamil Nadu, India

ORGAN DONATION



WKD 2022, some baby steps that will set the tone for future.





Post Graduate Institute of Medical Education & Research - Chandigarh celebrated WKD 2022 on 12th March 2022

Ms Karamjeet Kaur, was specially invited.

She talked about KWF's work for kids.



#KidneyHealth #Awareness - WORLD KIDNEY DAY

Dialysis costs are barely managed, so protein supplements are avoided. KWF reaches out to people with a box.

After dialysis, patients from a center in Kandivli took a box home.



In Idukki - a industrially backward area, in Kerala, dialysis patients work after their treatment. So to help them and boost them, it was gifted.



Another patient from Idukki.



Opening thoughts & minds on ORGAN DONATION - through art of story telling in schools!



Maryann Manasseh conceptualised and opened a programme for [Kidney Warriors Foundation](#) which grows our public work.

- we entered ORGAN DONATION space in a different way
- we have sown a seed for a future of generations.

"Opening thoughts and minds on organ donation" - with the students of Patrician college. The more the youth begin to known they have a voice the Change is possible.

She began engaging kids with this concept. Story telling grew into a place where kids were drawn in to understand the world exists where people need a different support to survive. Organ donation saves lives.



Organ donation

- comes with
empathy, love - lesson's
outcome of this interaction.





KIDNEY HEALTH World Kidney Day



Celebrated in Kolkata, by State -Cordinator



Organ donation
 - comes with
 empathy, love - lesson's
 outcome of this interaction.

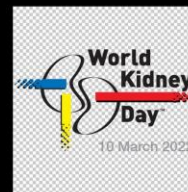




INDIA
KIDNEY
WARRIORS
FOUNDATION



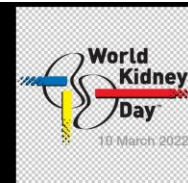
KIDNEY HEALTH
World Kidney Day



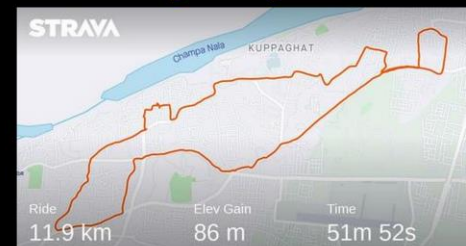
Celebrated in Kolkata, by State -Cordinator



#KidneyHealth #Awareness - WKD, 10th March



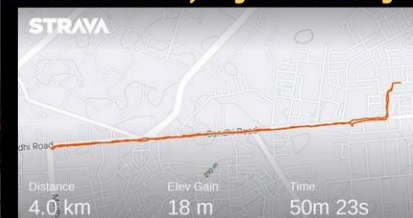
Cycling: Lucknow, UP



Gwalior, MP



4km Walked; 8 years dialysis survivor



Post- Transplant



Patient sensitization through social media posts

- Care For Your Kidneys Jan 2022

CARE FOR YOUR KIDNEYS SERIES SMOKING AND KIDNEY DISEASES

DID YOU KNOW?

- Quitting smoking slows the progression of both kidney and heart failure for people with kidney diseases.
- Kidney transplant recipients who do not quit smoking reduce their chances of survival due to the risk of cardiovascular problems.

BROUGHT TO YOU BY :
MOHAN IN PARTNERSHIP
FOUNDATION WITH



CARE FOR YOUR KIDNEYS SERIES PAINKILLERS AND KIDNEY DISEASE

DID YOU KNOW?

There are three main types of pain killers:
Non-steroidal anti-inflammatory drugs,
NSAIDS (ibuprofen, diclofenac, aspirin),
Paracetamol & Opiates (morphine, tramadol)
Long term consumption without supervision
can cause kidney damage

BROUGHT TO YOU BY :
MOHAN IN PARTNERSHIP
FOUNDATION WITH



CARE FOR YOUR KIDNEYS SERIES SMOKING AND KIDNEY DISEASES

HOW TO QUIT SMOKING

- Set up a plan to quit smoking
 - Avoid alcohol and other triggers
 - Stay physically active
 - Lean on your loved ones
 - Eat healthy
- Lastly, remember to reward your accomplishments

BROUGHT TO YOU BY :
MOHAN IN PARTNERSHIP
FOUNDATION WITH



CARE FOR YOUR KIDNEYS SERIES PAINKILLERS AND KIDNEY DISEASE

FACT CHECK

- According to the National Kidney Foundation, as many as 3-5% of new cases of chronic kidney failure every year may be caused by overuse of painkillers.
- Once kidney disease occurs, continued use of those drugs makes it worse.

BROUGHT TO YOU BY :
MOHAN IN PARTNERSHIP
FOUNDATION WITH



These social media posts reached 5,226 posts



Patient sensitization through social media posts

- Care For Your Kidneys Jan 2022

CARE FOR YOUR KIDNEYS SERIES
PAINKILLERS AND KIDNEY DISEASE

FAK CHECK

- According to the National Kidney Foundation, as many as 3-5% of new cases of **chronic kidney failure** every year may be caused by overuse of painkillers.
- Once kidney disease occurs, continued use of those drugs makes it worse.



BROUGHT TO YOU BY:  

CARE FOR YOUR KIDNEYS SERIES
URIC ACID AND KIDNEY DISEASES

FACT #1
High uric acid buildup or Gout can lead to kidney disease

TIP


- Gout can lead to Chronic Kidney Disease and vice versa
- If you have any one of these, keep uric acid level in check, maintain a healthy lifestyle, keep checking your uric acid regularly to prevent long term kidney damage

BROUGHT TO YOU BY:  

CARE FOR YOUR KIDNEYS SERIES
DRUG HOLIDAY AND KIDNEY DISEASES

What is Drug Holiday/Vacation?

A 'drug holiday' is when a doctor asks a patient to stop taking a medication(s) for a period of time (a few days to months or even years) in the patient's best interests.

BROUGHT TO YOU BY:  

CARE FOR YOUR KIDNEYS SERIES
DRUG HOLIDAY AND KIDNEY DISEASES



DRUG HOLIDAY
TABLETS 500mg

FACT:
Unplanned or Unguided Drug Holidays can lead to adverse health outcome

TIP:

- To avoid complications, consult your doctor before stopping medication(s) even if its for a short duration.
- Do not discontinue any medication without close supervision of your doctor

10 TABLETS



BROUGHT TO YOU BY:  

CARE FOR YOUR KIDNEYS SERIES
URIC ACID AND KIDNEY DISEASES

FACT #2
Those with high uric acid should stay extra conscious about their diet

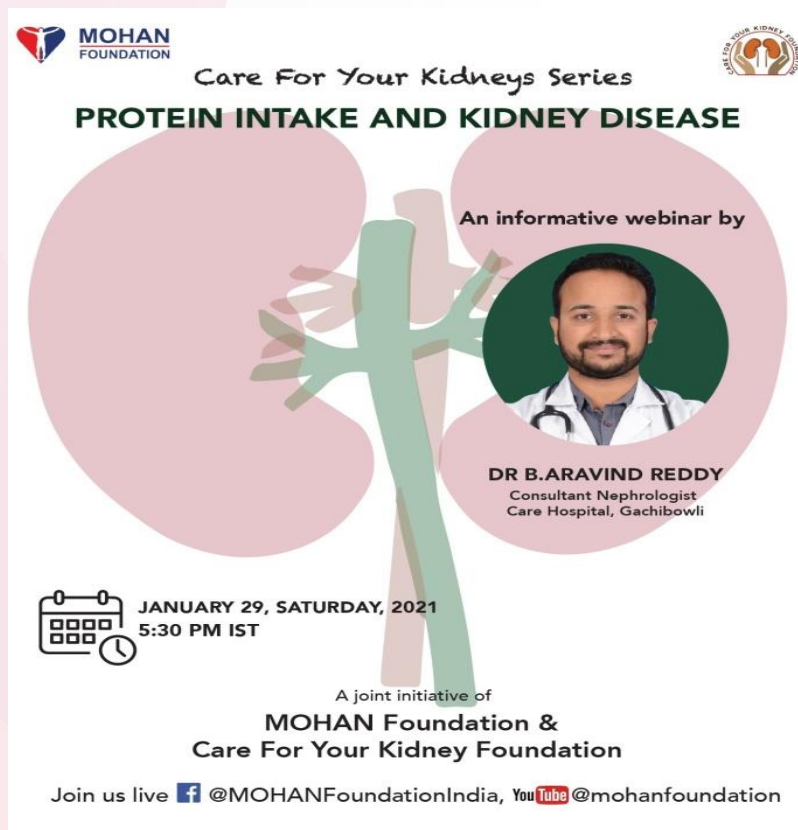
TIP

- Reduce fat intake - it reduces excretion of uric acid
- Be liberal with fluid intake - it keeps urine diluted
- Eliminate or restrict alcohol
- Avoid or limit Purine-rich food

BROUGHT TO YOU BY:  

The Social social media posts uploaded in Feb and Mar 2022 reached 10,743 people

Webinar on Urinary Tract Infections and Kidney diseases, Drug Holiday and Kidney Disease was conducted on January and March 2021 under Care For Your Kidneys Series.



Care For Your Kidneys Series
PROTEIN INTAKE AND KIDNEY DISEASE

An informative webinar by


DR B.ARAVIND REDDY
Consultant Nephrologist
Care Hospital, Gachibowli

JANUARY 29, SATURDAY, 2021
5:30 PM IST

A joint initiative of
MOHAN Foundation & Care For Your Kidney Foundation

Join us live [@MOHANFoundationIndia](#), [@mohanfoundation](#)

This webinar was reached to 20 live participants, 45 views in Youtube, 164 views in Facebook and the post reached 800 views.



Care For Your Kidneys Series
DRUG HOLIDAY

An informative webinar by

DR SRINAYAN KATARI
MD Gen Med , DNB Nephrology
Consultant Nephrologist and Transplant Physician
Hyderabad , Telangana

MARCH 04, FRIDAY, 2022
5:30 PM IST

A joint initiative of
MOHAN Foundation & Care For Your Kidney Foundation

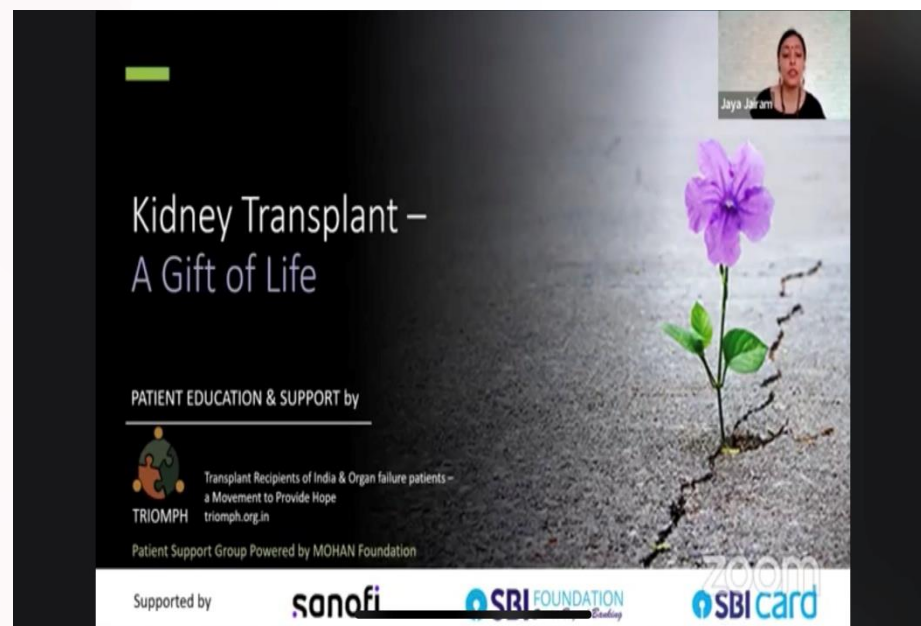
Join us live [@MOHANFoundationIndia](#), [@mohanfoundation](#)

This webinar was reached to 25 live participants, 144 views in Facebook and the post reached 1270 views.

“Everything you need to know about Kidney Transplants” – a workshop for Dialysis patients

On March 26, 2022 MOHAN Foundation and its Patient Support Group- TRIOMPH (Transplant Recipients of India and Organ failure patients – a Movement to Provide Hope) conducted an interactive webinar on “**Everything you need to know about Kidney Transplants**”. Ms. Jaya Jairam, TRIOMPH’s lead and Project Director at MOHAN Foundation discussed at length, various aspects of kidney transplant

478 people viewed the virtual workshop.



Webinar on “Self Examination to Detect Nutritional Deficiencies” in partnership with Nephroplus

On March 10th 2022 on the occasion of World Kidney Day MOHAN Foundation conducted a webinar on the topic “Self Examination to Detect Nutritional Deficiencies” in collaboration with Nephroplus. The speaker of the event were Ms. Pooja Lakhani (Registered Dietician, Certified Nutrition and Support Clinician) and Mr. Kamal Shah (Co-founder and Director at Nephroplus, on dialysis since 1997 does daily nocturnal home hemodialysis) and the webinar was moderated by Ms. Jaya Jairam (Kidney transplant recipient). Ms. Pooja began by explaining what exactly the Nutrition Focussed Physical Examination (NFPE) is? She shared about complete nutrition focused physical examination, along with this common signs of malnutrition was also discussed.



Motivating Dialysis patients – a patient perspective on ‘Kidney Transplant and its impact on life: A positive approach’

On March 6, 2022, a Virtual Kidney Health and Dialysis Care Summit was organized by Nephroplus. It was a knowledge forum on kidney health and dialysis care. Ms. Jaya Jairam was invited to speak on a session on ‘Kidney Transplant and the impact on life: A positive Approach’.

She shared her own story of how a kidney transplant gave her a second chance at leading a normal and good quality of life after having been detected with chronic kidney failure and having undergone dialysis. Thereafter, she encouraged the audience to objectively approach and understand the processes and options involved in kidney transplant and how they can go about it.



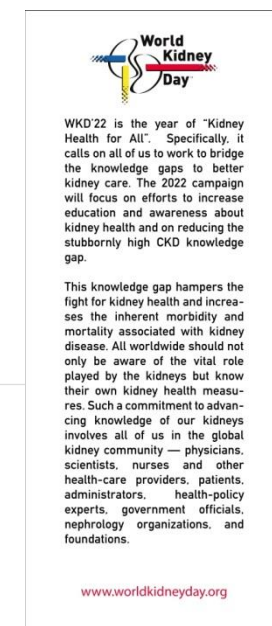


INDIA
Tamilnad
Kidney
Research
Foundation

TANKER's World Kidney Day 2022 Activities

7 AM - 8 AM: We had a masks and leaflets distribution at the Marina Beach and Besant Nagar Beach and in and around all of TANKER's 12 dialysis Units, 8 in Chennai and one each in Madurai, Vellore, Coimbatore and Thirupur.

We caught up with people from all walks of life, from conservancy workers to morning walkers, and distributed leaflets, bookmarks and masks.



9 AM - 10 AM: Awareness talk at Radio Mirchi, Radio Channel

5.30 TO 6.30pm Tea time, live interview on PSG College community radio (107.8 MHz) in Coimbatore.

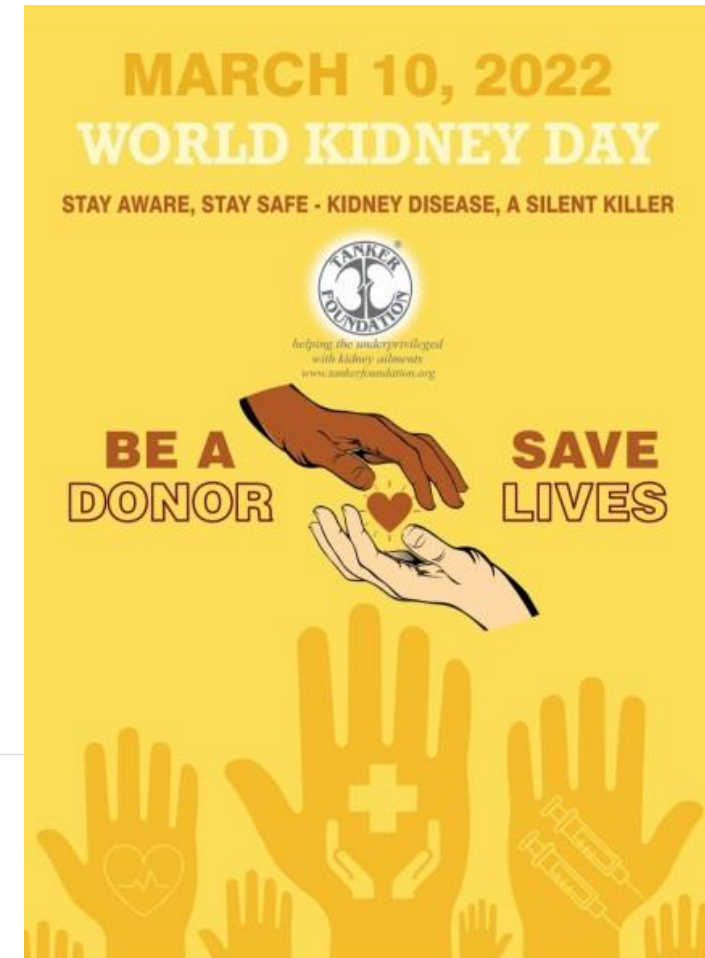
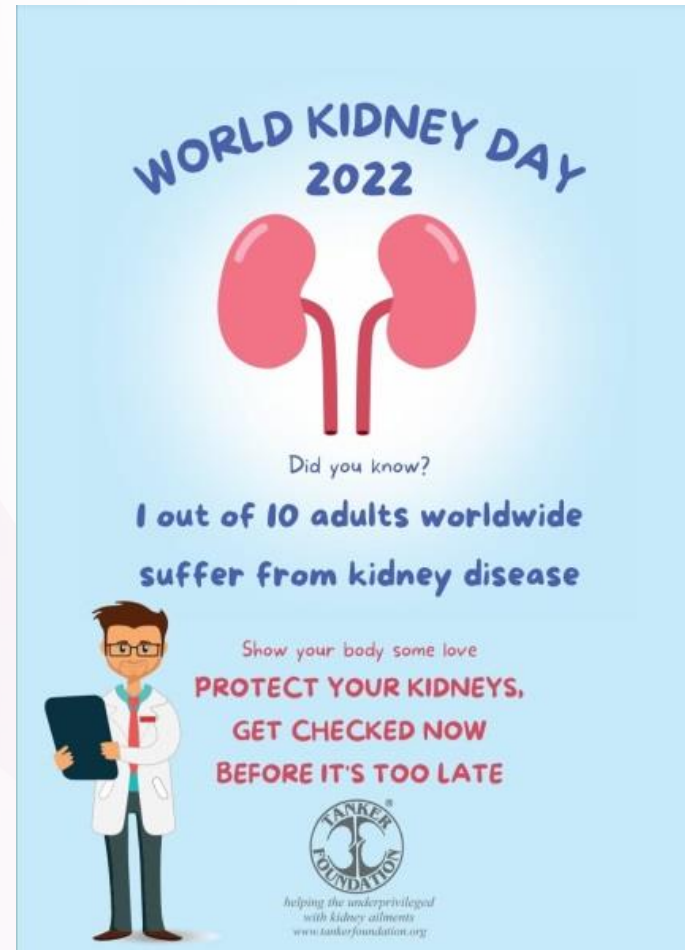
Can be viewed live via Instagram

@ RADIO_HUB.PSGTECH

@ Indian time 5.30pm



WKD poster and messages sent through social media and emails.



Number of events organized/collected in your country: 13

(1) Live webinar about dissemination of Italian Society of Nephrology (SIN) and Italian Kidney Foundation (FIR)'s activities and results of the 'Bridge the knowledge gap', a survey conducted for SIN by AstraRicerche on a representative sample of the Italian population for kidney health, about prevention measures for kidney health and the role of the nephrologist.

(2) L'esperto risponde: Live Facebook event with Professor Piergiorgio Messa (SIN President) and Professor Massimo Morosetti (FIR President).

(3) Chiedi al Nefrologo: mail service dedicated to receiving specific questions which have been answered by an expert Nephrologist.

Free screening tests: free screening tests for the general population, especially for those belonging to groups with little access to coded diagnostic-therapeutic paths in order to bring out the undeclared diagnosis for timely therapies that significantly improve the quality of life of patients with CKD. The event has been supported by Amgen, Astrazeneca, Baxter and Fresenius.

(4) Let's shed some light on CKD: Italian regions have been invited to participate in the campaign to illuminate some significant monuments in Italian cities and to project the World Kidney Day logo, in line with this year's campaign goal of promoting awareness of kidney disease 'for a better kidney care' (Brescia - Palazzo della Loggia, Camaiore - Collegiata, Livorno - Palazzo Comunale, Massarosa - Comune, Padova – Torre dell'Orologio, Torino – Mole Antonelliana)

5a) Awareness initiatives (authorities): Italian Regional Departments were invited to join the initiative raising awareness among population and all health professionals with press releases.

(5b) Awareness initiatives (hospitals): In all Italian nephrological hospital departments and centers an information poster has been posted in line with the WKD 2022 objectives/theme: Bridge the knowledge gap for a better care. The poster is downloadable from the FIR website and has been posted in the waiting rooms of the outpatient clinics and hospitals. The material has also been present on all FIR social channels (Facebook and Instagram) and the My FIR App (downloadable on all platforms) has been promoted.

(5c) Awareness initiatives (pharmacies): An information poster on kidney diseases has been prepared and distributed in pharmacies throughout Italy participating in the initiative thanks to a collaboration between FIR, APROTEN (company in the nutrition sector in kidney diseases) and ASAND (Italian Dieticians Association).

(5d) Awareness initiatives (school) organised by AORN Santobono - Pausilipon (Napoli) in collaboration with FIR, AIDO and AIRP in which specialists in Nephrology as well as nurses explain to students what a kidney failure is, how it can be treated and how could be prevented;

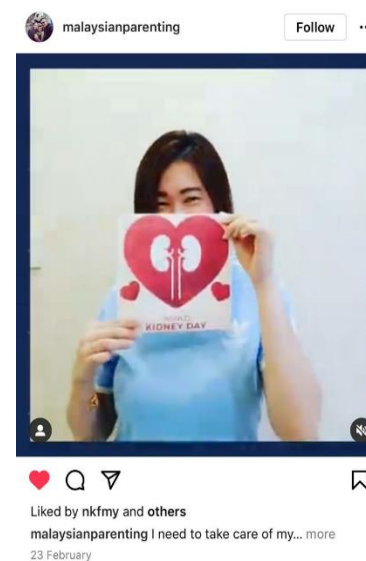
- (6) "La salute dei reni per tutti":** online conference organised by FIR Affiliata Piemonte in collaboration with ASL TO3 Collegno - Pinerolo;
- (7) A direct line** with expert Nephrologists organised
- (8) Free clinic service** at Ospedale "San Bassiano" (Bassano del Grappa);
- (9) Other informative meetings/initiatives in:** Gallipoli (organised by the Dpt Nefrodialitico ASL Lecce and FIR Affiliata Lecce), Catania (organised by the U.O. Nefrologia e Dialisi Ospedale Cannizzaro and FIR Affiliata Catania), Vercelli (organised by the Sirene Association).

'RAKAM & MENANG' SOCIAL MEDIA CONTEST

14TH FEBRUARY - 28TH FEBRUARY 2022

RAKAM & MENANG' IS A CONTEST JOINTLY ORGANIZED BY NKF AND THE MALAYSIAN SOCIETY OF NEPHROLOGY (MSN) FOR THE PUBLIC TO CREATE AWARENESS ON KIDNEY AND HEALTH IN CONJUNCTION WITH WKD 2022.

30 EARLY BIRD ENTRIES OF CREATIVE SLOGAN WON RM30.00 EACH AND 10 MOST CREATIVE SLOGAN VIDEOS WON AN ADDITIONAL RM70.00 ADDING IT TO RM100.00 IN TOTAL.



**CLOSING DATE FOR SUBMISSION
28 FEBRUARY 2022**

**WIN CASH PRIZES
UP TO
RM1,600**



INTER-UNIVERSITIES & COLLEGES WKD 2022 CELEBRATION

THIS EVENT IS A COLLABORATION BETWEEN THE MALAYSIA SOCIETY OF NEPHROLOGIST, NATIONAL KIDNEY FOUNDATION OF MALAYSIA, MINISTRY OF HEALTH AND MINISTRY OF HIGHER EDUCATION. 16 UNIVERSITIES & COLLEGES PARTICIPATED.

HIGHLIGHTS OF THE PROGRAMME:

- KIDNEY EXHIBITION
- 100 PLEDGERS IN 5 HOURS
- JUMP ROPE CHALLENGE
- ONLINE KAHOOT QUIZ
- SURVEYS



2-MIN JUMP ROPE CHALLENGE

12 MARCH 2022
9.00AM - 1.00PM

VENUE:

INTER UNIVERSITY & COLLEGE CATEGORY

UNIVERSITY & COLLEGE CATEGORY

GRAND PRIZE!
1 X BICYCLE*

1ST PRIZE 1 x RM100*
2ND PRIZE 1 x RM70*
3RD PRIZE 1 x RM50*

*Terms & Conditions:
1. The organizer's decisions are final and reserves the right to reject any participants failing to meet the requirement.
2. The organizer reserves the right to use any photos of the participants without prior notice.
3. The organizer is not liable to any form of injury or damage that may happen before, during and after the event.
4. Every participant must adhere to the SOP stated by the government throughout the event.
5. Open to students of participating universities and colleges only.



Online Quiz Kahoot!
INTER-UNIVERSITIES & COLLEGES
WORLD KIDNEY DAY 2022 CELEBRATION

SATURDAY | 12 MARCH 2022 | 12.50PM - 1.15PM

PRIZES
1ST RM150.00 | 2ND RM100.00 | 3RD RM50.00

*TERMS & CONDITIONS:
1. OPEN TO THE FIRST 100 PARTICIPANTS FROM PARTICIPATING INSTITUTIONS FOR INTER-UNIVERSITIES & COLLEGES WORLD KIDNEY DAY 2022 CELEBRATION.
2. THE WINNERS SELECTION IS FINAL AND CONCLUSIVE.



Inter-Universities & Colleges
World Kidney Day 2022 Celebration

**100 PLEDGERS
IN 5 HOURS
CHALLENGE**

HOW TO PLEDGE?

1. Get more information from us
2. Complete the organ donation pledge form
3. Get your pledge card
4. Update your family member that you have become an organ pledger

REGISTER NOW

Follow us!

@nkfmy NKF Malaysia

INTER-UNIVERSITIES & COLLEGES WKD 2022 CELEBRATION



WORLD KIDNEY DAY 2022 LAUNCHING

WKD 2022 LAUNCHING WAS OFFICIATED BY OUR YB KHAIRY JAMALUDDIN, MINISTER OF HEALTH MALAYSIA, YB DATUK SERI DR. NORAINI, MINISTRY OF HIGHER EDUCATION, PROF. DR. ABDUL HALIM ABDUL GHAFOR, PRESIDENT OF MALAYSIA SOCIETY OF NEPHROLOGIST, AND DATO' DR. ZAKI MORAD, CHAIRMAN OF NATIONAL KIDNEY FOUNDATION OF MALAYSIA

FORUM ON LIVING TRANSPLANTS: CODE:LIFE- A BIG GIVE- ORGAN DONATION WAS ALSO DONE VIRTUALLY IN CONJUNCTION WITH WKD 2022 LAUNCHING.



2022 WORLD KIDNEY DAY – KEY VISUAL



 **TÜRK
BÖBREK
VAKFI**

 **Dünya
Böbrek
Günü** | **10 Mart
2022**

BÖBREK SAĞLIĞINIZI KORUYUN VE TAKİP EDİN

**Yılda bir kez
düzenli
kontrol**

**COVID-19
geçirdiysen
3 ay sonra
mutlaka kontrol**

**Bilinçsiz ilaç
kullanımına
son**

tbv.com.tr

 @turkbobrevakfi  @TurkBobrekVakfi  @turkbobrevakfi

SOCCER GAME BANNER



One of Turkish Kidney Foundation's World Kidney Day activities was on football stadium. Since football is a popular game in Turkey, football fans are one of our targeted group to disseminate our kidney health messages. Thanks to Fenerbahce Sports Club and players, we managed to display our banner before the game.a

WKD – 7/3/2022

PRESS CONFERENCE

On 2022 World Kidney Day, Turkish Kidney Foundation held a press conference. Professor Rumeyza Kazancioglu (Ms), MD, Nephrology Specialist and President of Bezmialen Vakif University, Istanbul and Timur Erki President of Turkish Kidney Foundation were the speakers.

As Timur Erk welcomed press, he stated the meaning and importance of World Kidney Day, giving statics and facts about CKD and kidney health in Turkey. He explained the reason why Turkish Kidney Foundation focused on;

- Regular annual kidney health check
- Stop using over the counter painkillers and herbal remedies without physician recommendation
- Schedule physician appointment for kidney check 3-6 months after COVID-19 if you were infected

Professor Rumeyza Kazancioglu explained the medical details of the headlines above by giving examples from scientific articles published by American Journal of Nephrology, as well as a recent research conducted by local hospitals.



WKD 2022 ZOOM MEETING

Turkish Kidney Foundation has had numerous activities to celebrate World Kidney Day. Due to COVID-19 pandemic measures, an online Zoom meeting was held with large attendance. Professor Mehmet Sukru Sever, M.D., nephrology specialist and Baywaters Award laurate has made a presentation on excessive salt intake and kidney health. Professor İlhan Satman, M.D., endocrinology specialist and faculty member of Istanbul University Istanbul Medical School has made a presentation on excessive sugar intake, obesity, diabetes mellitus and kidney health. Lions Clubs Turkey members, medical school students and several other groups have attended the meeting.



2021 MD 118 TÜRKİYE 2022

PDG.Dr.Can CANVER
Çocukluk Çağı Kanseri,
Diyabet,Göz Sağlığı,Pandemi
Ulusal Komisyon Başkanı

2022 Dünya Böbrek Günü
*«Aşırı Tuz ve Şeker Tüketiminin Obeziteye,
Diyabete ve Böbrek Sağlığına Etkileri»*
Çevrimiçi Toplantımıza Davetlisiniz.



WE SERVE

Konuk Konuşmacılar:
Prof.Dr. Mehmet Şükrü SEVER
İstanbul Üniversitesi İstanbul Tıp Fakültesi
İç Hastalıkları Ana Bilim Dalı
Nefroloji Bilim Dalı Emekli Öğretim Üyesi

Prof.Dr. İlhan SATMAN
İstanbul Üniversitesi İstanbul Tıp Fakültesi
İç Hastalıkları Ana Bilim Dalı
Endokrinoloji Ve Metabolizma Bilim Dalı Öğretim Üyesi

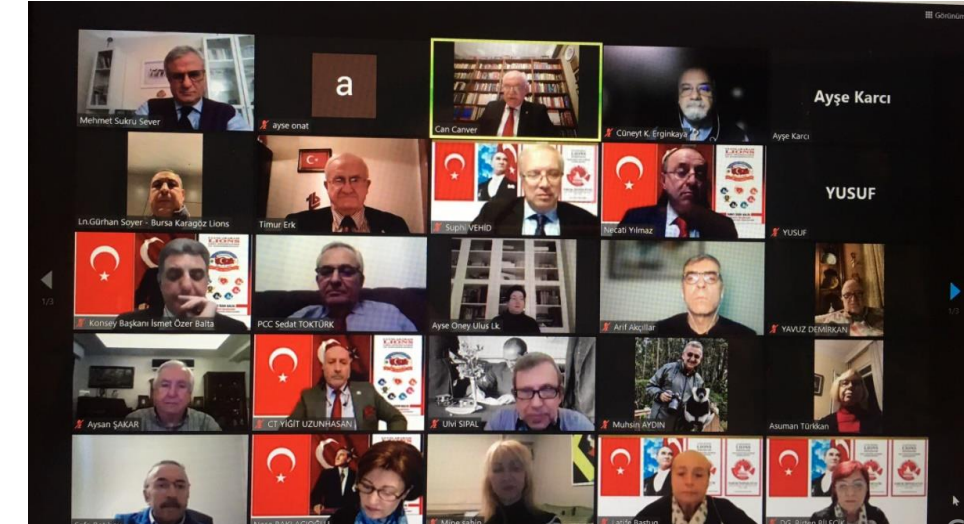


Moderatör:
PCC. Timur ERK
Türk Böbrek Vakfı Başkanı

ID 893 8133 6426
ŞİFRE 698321

İsmet Özer BALTA
MD.118 Konfederasyon Başkanı

09 Mart 2022
Saat 20:30



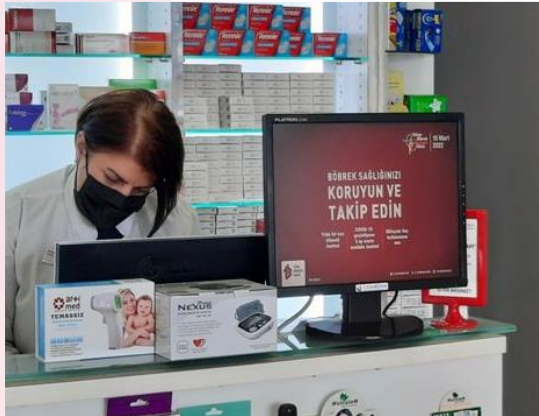
WKD 2022 CELEBRITY ATTENDANCE YOUTUBE VIDEO

On World Kidney Day, famous piano player Mrs. Ece Dagistan Say who donated her kidney to sister is our guest on Turkish Kidney Foundation's official Youtube channel. TBV Board of Directors member Mr. Ender Merter hosted the broadcasting. Mr Timur Erk, the President of TKF has made several statements about World Kidney Day, post-COVID measurements for kidney health, status of CKD in Turkey and so.



WKD 2022

Billboard, CLP, Digital displays



WKD 2022

Billboard, CLP, Digital displays

