



Kidney Health for all.  
Optimal care for people  
with kidney disease.

*IFKF-WKA Connect*  
*January 2023*  
*Official Newsletter of IFKF-WKA*



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# IFKF-WKA Connect January 2023

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## **Editorial Board**

Ms. L Kumaraswami

Ms. A Onat

Ms. E Obeng

Mr. Tashi Namgay

Dr. SF Lui

Dr.Kam Kalantar



## President's Message

# PRESIDENT'S MESSAGE

**Ms Latha A. Kumaraswami**

Managing Trustee, TANKER Foundation, Chennai, India.



Dear Members,

It is with great pleasure that I welcome you all as the President of IFKF-WKA for the period January 2023 to December 2024.

I am humbled and honoured to have been given the opportunity to lead such an incredible group of people who are dedicated to making a positive impact in the world. As we embark on this new chapter together, I am excited to work alongside each and every one of you to continue bringing positive change to our communities and the world at large.

As a group we have already achieved great things, and I am confident that together, we can achieve even more.

I believe that the key to our success lies in our collective determination, our unwavering commitment, and our willingness to work together as a team. Let us continue to be guided by our core values of integrity, compassion, and a deep sense of responsibility to those we serve.

# PRESIDENT'S MESSAGE

**Ms Latha A. Kumaraswami**

Managing Trustee, TANKER Foundation, Chennai, India.



Let us as a first step do our utmost to create awareness in every part of the globe on 09th of March 2023, for World Kidney Day. I urge every one of us here to take the message - Kidney Health For All, Preparing For The Unexpected, Supporting The Vulnerable ! to as many people we can and let's remember to PIN IT UP on the website [www.wkd.org](http://www.wkd.org).

A collective vision this year is to increase our membership. Towards this effort, a humble request to each member here to bring in just one new member for IFKF-WKA! This will help us grow as a community and together we can achieve a lot more.

Once again, I welcome you all, and I look forward to working with you all towards our shared vision for a better world.

Warm Regards,

Latha

# SECRETARY'S REPORT

Dr. Dina Abdellatif

NKF-ESNT, Egypt



It is a true honor and privilege to take over as Secretary General of our great community. Its challenging trying to follow in the footsteps of those who have gone before. We need to protect this and build on its strengths. At the same time, we have to remember why we exist, and to whom we ultimately serve.

Our mission is to reach out and provide guidance to all the kidney foundations and kidney patients around the globe.

Over the coming two years our target is to increase the number of members and this requires very hard and dedicated work that I am sure all committee members will not spare an effort to achieve it.

In consequence, we need to keep improving the membership benefits and establish links with all countries across all continents. Of course this can never be achieved without the guidance and support of all the IFKF/WKA pioneers and leaders.



# SECRETARY'S REPORT

Dr. Dina Abdellatif

NKF-ESNT, Egypt



Besides, as the pandemic is over its time to meet in person again and revive our regular scientific meetings once more.

Finally, together we hope to raise greater awareness on Kidney disease, promote better kidney health, optimal treatment and care so as to maximize the quality of life, and longevity for Kidney patients.

Sincerely,  
Dina Abdellatif



Committee  
Members &  
Portfolio  
Jan 23 – Dec 24

## COMMITTEE MEMBERS & PORTFOLIOS

- 1. Executive Committee** : Dr. SF Lui, Dr.Kam Kalantar, Mr. Carlos Castro, Dr.Alessandro Balducci  
Dr. Dina Abdellatif, Ms. Latha A Kumaraswami
- 2. Membership Committee**: Dr. SF Lui, Dr.Joel Kopple, Ms.Ayse Onat,Ms.Esther Obeng,Mr.Zaki Morad
- 3. Finance & Fundraising Committee**: Dr.SF Lui, Dr.Kam Kalantar, Mr.Carlos Castro,  
Dr.Dina Abdellatif, Ms.Latha A Kumaraswami
- 4. Communication & Outreach Committee** : Dr.Kam Kalantar, Ms. Ayse Onat, Ms.Esther Obeng,  
Mr. Tashi Namgay, Dr.SF Lui.
- 5. Education, Publication & Program Committee** : Dr.Kam Kalantar, Dr.Joel Kopple,  
Ms.Haris Agnes, Dr. Alessandro Balducci, Dr. Dina Abdellatif, Dr. Harun Ur- Rashid
- 6 Website Management Committee**: Dr.SF Lui, Dr.Dina Abdellatif, Ms. Latha A Kumaraswami



## October Walk to Promote Organ Donation





# Workshop on how to write scientific articles



Fundanier  
Guatemala



## November – Urology Mission



Recognition of Dr. Lou's collaboration to renal pediatric medicine by the National Doctor's College:

XII National Congress



Closing of Masters on Pediatric Nephrology.





December - Medical mission of follow up for kidney donors



Construction of  
rooms for  
peritoneal dialysis





# Christmas party for our patients





# Bhutan Kidney Foundation



Project	"The Project for Provision of Health Bus to Prevent NCDs and Kidney Disease in Rural Areas" under the Grant Assistance for Grassroots Human Security Projects (GGP) scheme.
Target District	Zhemgang Dzongkhag/District.
Target Population	Rural
Project Background	The Embassy of Japan in New Delhi under their Grassroot Grant Program scheme supported the Foundation with one unit of Coaster Bus to embark on community outreach programme in 205 Gewogs.



# Bhutan Kidney Foundation

Community Engagement

Gewog Administration, local leaders and Primary Health Care workers.

Bhutan Kidney Foundation



Key Activities

- ✓ Sensitization on BKF and its services
- ✓ Screening of animation film "Prevention over Cure"
- ✓ Facilitation of Basic Health Check-ups

Program Approach/Methodology

- ✓ Collaborate with Gewog administration to mobilize the communities and support from primary health care.

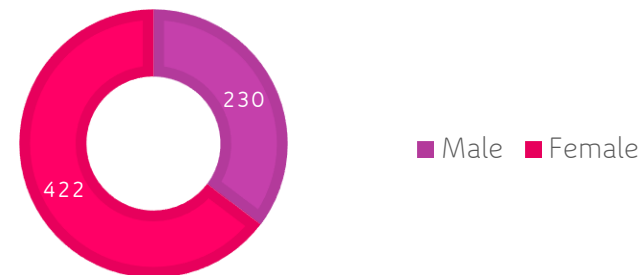
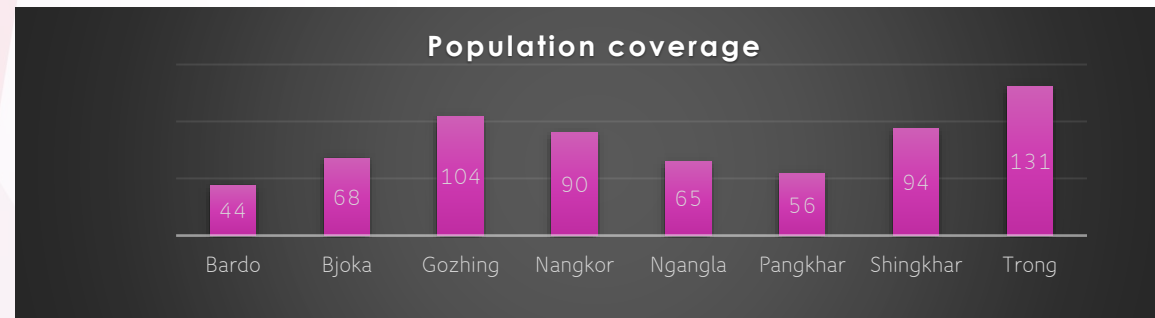


# Bhutan Kidney Foundation



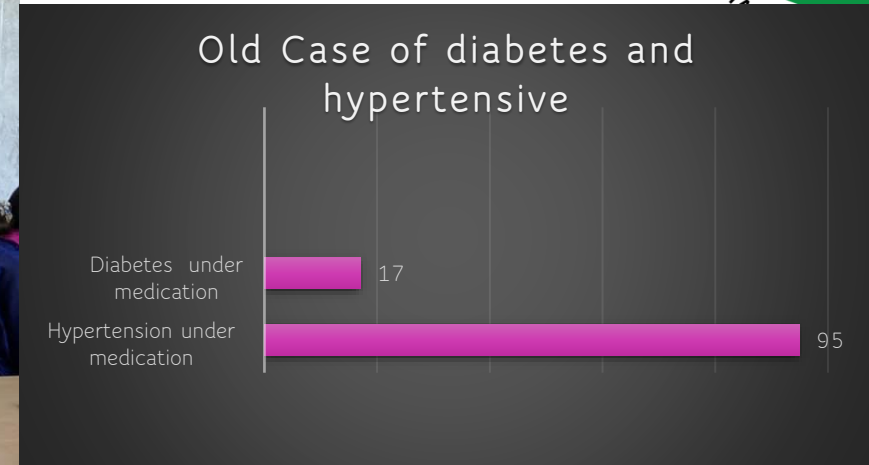
Bhutan Kidney Foundation

Output	✓ A total of eight gewogs were covered with eight programs. ✓ 652 number of people attended the programme.
Gender Coverage	





# Bhutan Kidney Foundation



- ✓ Basic health check-up facilitated to 652 individuals, of which 95 and 17 individuals were under hypertensive and diabetes medication respectively.
- ✓ People who have higher blood pressure, higher Body Mass Index (BMI) and pre-diabetes were given appropriate health education and recommended to revisit PHCC/hospital for further consultation.
- ✓ Individuals who have stopped medication voluntarily were advised to visit nearest primary health care centre for further consultation.
- ✓ 652 people sensitized on non-communicable diseases prevention measures.
- ✓ 112 individuals living with Hypertension and Diabetes data available for further follow up.
- ✓ 652 individuals who attended the programme are leading the healthy lifestyle.





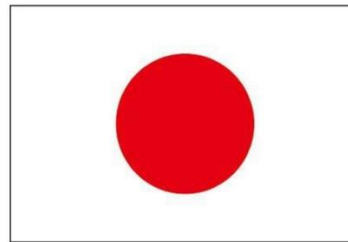
Bhutan Kidney  
Foundation

# Bhutan Kidney Foundation



Fund

Funded by Embassy of Japan



**From  
the People of Japan**

## Activities of Kidney Foundation (October, November, December – 2022)

	October	November	December	Total
HD Patients	710	705	703	2118
HD Sessions	5869	5563	5518	16950
CAPD	03	03	03	09
Transplant	02	01	03	06
AVF	135	130	133	398
Temporary venous catheter	133	142	108	383
Tunnelled catheter	02	01	00	03
AKI	52	51	44	147
Hospital Admission	497	544	417	1458

## Continued Medical Education

Total teaching sessions - 09

October – 04

November – 01

December - 04

**Teaching at Continued Medical Education (CME) organized by Kidney Foundation**

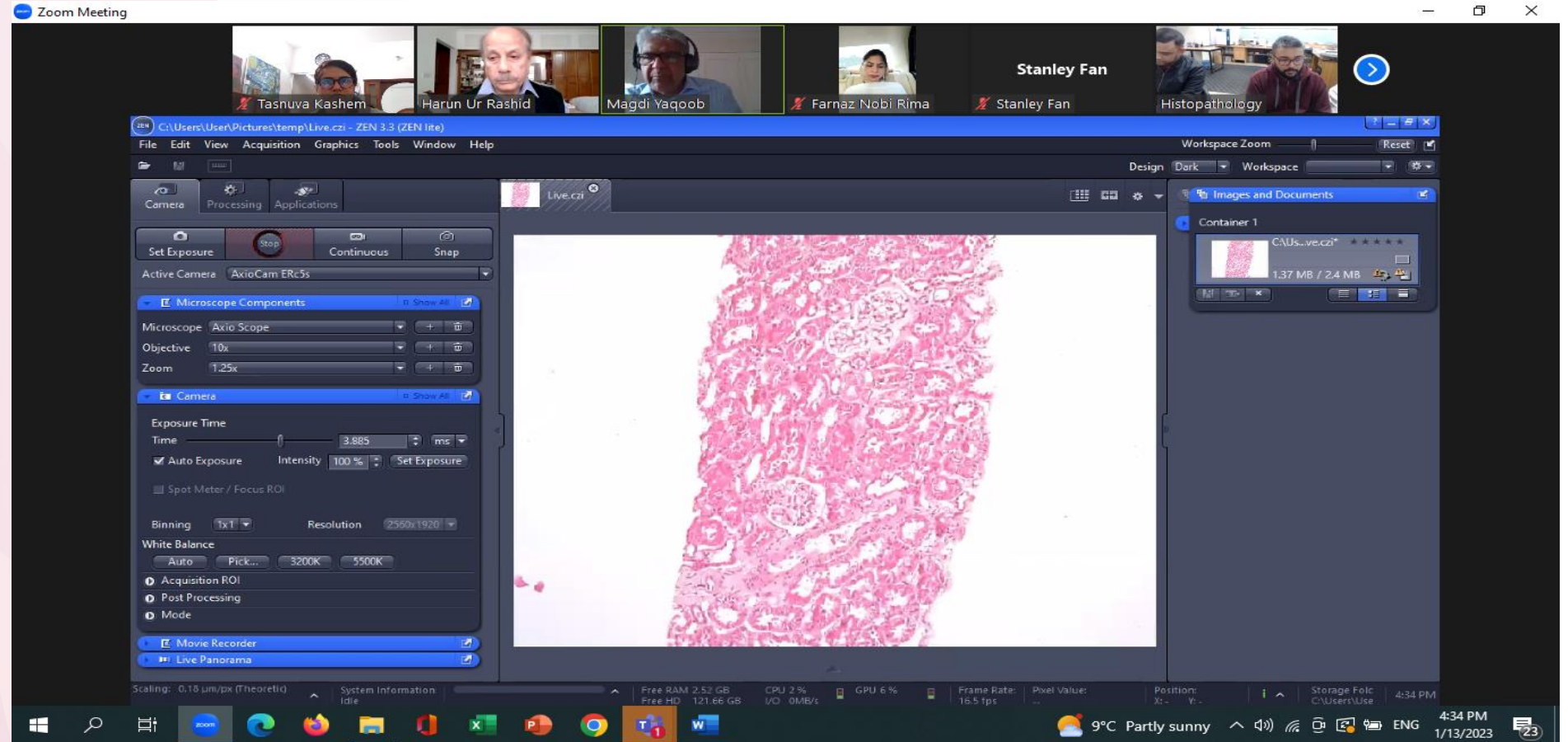




# Biopsy Meeting

## Monthly virtual biopsy meeting with Royal London Hospital

Kidney Foundation of  
Bangladesh



The screenshot shows a Zoom meeting window titled "Zoom Meeting". At the top, there is a gallery of participants: Tashuva Kashem, Harun Ur Rashid, Magdi Yaqoob, Farnaz Nobil Rima, Stanley Fan, and Histopathology. The main content area displays a software interface for a microscope, specifically ZEN 3.3 (ZEN lite). The software window has a menu bar (File, Edit, View, Acquisition, Graphics, Tools, Window, Help) and a toolbar. The central pane shows a histology image of a kidney biopsy section, stained with H&E. To the left of the image is a control panel with sections for "Microscope Components" (Axio Scope, Objective: 10x, Zoom: 1.25x), "Camera" (AxioCam ERc5s, Exposure Time: 3.885 ms, Auto Exposure checked), "White Balance" (Auto, Pick...), and "Movie Recorder". To the right is an "Images and Documents" panel showing a file named "CAUs...ve.czi" (1.37 MB / 2.4 MB). The bottom of the screen shows a Windows taskbar with various application icons and a system tray displaying system information (Free RAM: 2.52 GB, CPU: 2%, GPU: 6%, Frame Rate: 16.5 fps) and the date/time (4:34 PM, 1/13/2023).



## ISN Educational Ambassadors Program 2022

Date	Topic	Venue
22nd November	PD catheter insertion (Temporary and CAPD) and exchange, Temporary PD fluids preparation and different catheter types.	Kidney Foundation Hospital and Research Institute, Bangladesh.
23rd November	Educational training program on PD Clinic Set up (BCM, PET, Nutritional assessment).	Dhaka Medical College Hospital, Bangladesh.
24 <sup>th</sup> November	Educational training program on PD Clinic Set up (BCM, PET, Nutritional assessment).	Gonoshasthaya Nagar Hospital, Bangladesh
26 <sup>th</sup> November	18th Annual Convention & Scientific Seminar	Kidney Foundation Hospital and Research Institute, Bangladesh.
27 <sup>th</sup> November	18th Annual Convention & Scientific Seminar	Kidney Foundation Hospital and Research Institute, Bangladesh.
28 <sup>th</sup> November	Educational training program on PD Clinic Set up (BCM, PET, Nutritional assessment).	Bangabandhu Sheikh Mujib Medical University, Bangladesh.



# 18th Annual Convention & Scientific Seminar of Kidney Foundation, 2022



Kidney Foundation of  
 Bangladesh

## Universal Health Coverage Day, 2022





## Research Grant

Name –Asian Women in Transplantation Research Grant, 2022

Sponsor – The Asian Society of Transplantation (AST)



## Internship on Renal Nutrition

Total number of students -05

From Daffodil university - 04

From Dhaka University – 01





Tamilnad  
Kidney  
Research  
Foundation

# Tamilnad Kidney Research Foundation



The last quarter of 2022 was filled with memorable events and activities for Tamilnad Kidney Research (TANKER) Foundation.

## Proud moments

- TANKER Foundation Founder-Trustee, Dr. Georgi Abraham, received the Recognition Award for Outstanding Achievement in Transplantation from Mr. Nitin Gadkari, Indian Minister for Road Transport and Highways, at the 32nd annual conference of the Indian Society of Organ Transplantation (ISOT), October 14, 2022. It is to be noted that Dr. Georgi Abraham is also the President-Elect of ISOT. He was also conferred the ISN- Bayer Pioneer Award by the Indian Society of Nephrology for his pioneering 'contribution in peritoneal dialysis in India'.
- Hello City TV picked TANKER Foundation's Managing-Trustee, Mrs. Latha A. Kumaraswami, as one of the recipients of its Virutcham Awards, 'for your active selfless work to the society and mankind' as mentioned in the shield.
- TANKER Foundation Head Admin, Mrs. Vasanthi Ravichander, won the VImonsha Woman of Substance Award for the wonderful and dedicated work she is doing for TANKER Foundation and the cause of kidney disease.
- TANKER Foundation Advisory Member, Ms. Rohini Menon, was honoured at a function in Kerala for her social service.





Tamilnad  
Kidney  
Research  
Foundation

# Tamilnad Kidney Research Foundation



## Rallying to help

- It was a truly red letter day for TANKER Foundation when the Director General of Police of Tamil Nadu, Dr. Sylendra Babu, cycled 100 kms as part of the TANKER Foundation Cycling Rally 2022, to raise funds for the BP apparatus donation for Tamil Nadu police personnel.

## BP apparatus donation project

- After donating electronic BP machines to police personnel of Chennai, TANKER Foundation shifted its focus to Thoothukudi. TANKER Foundation Founder-Trustee, Dr. Georgi Abraham, made a visit to Thoothukudi to donate the BP apparatus to the police personnel of the southern district of Tamil Nadu.
- As part of the hypertension sensitising programme, TANKER Foundation conducted its digital BP apparatus handing over programme to police personnel at Salem.
- Three hundred electronic BP apparatuses were donated to Mr. R. Sudhakar, IPS, IG of Police, West Zone, Coimbatore, and 50 such machines, to Coimbatore City Police Commissioner, Mr. Balakrishnan.



Tamilnad  
Kidney  
Research  
Foundation

# Tamilnad Kidney Research Foundation



## Generous donations

- Generous donations poured in to oil the wheels of TANKER Foundation in cash and kind from the Punjab Women's Association, Inner Wheel Club of Madras Cosmos District 323, the husband of one of the patients of a dialysis unit, and Rao Bahadur Vemuru Ranganadham Chetty's Charities, who donated a dialysis machine.

## Reaching out

- Awareness programmes and screening camps were conducted in Madurai, Tiruppur and Chennai in the last quarter of 2022 by TANKER Awareness and Prevention Programme (TAPP) team which reached out to members of the public, truckers and nursing students.





Tamilnad  
Kidney  
Research  
Foundation

# Tamilnad Kidney Research Foundation





1. PREVENTION THROUGH AWARENESS PROGRAMME and kidney (Serum Creatinine) diabetes and blood pressure screening camp

We have organised 100 Prevention of kidney disease awareness programmes through multi-media projector and 52 Kidney (Serum Creatinine). diabetes and Blood pressure screening camp in the internal villages of different districts of Gujarat state and makes screening of more than 2500 people and gives them a proper guidance on High blood pressure and diabetes to prevent the dieses like kidney failure.

- A Glimpse of Prevention Through Awareness Programme :







Indian Renal  
Foundation

India Renal Foundation is working in different areas of Gujarat like Surat, Bhavnagar, Ahmedabad, Rajkot, Vadodara, Himmatnagar, Mehsana, Girsomnath, Kutch, Bhuj, etc. By conducting kidney awareness programs, we spreading Awareness for kidney disease among more than 3000 people per month.



## 1. PRERANA :

'Prerana' means a unique association that encourages living cheering friends who have undergone dialysis and kidney transplant. After becoming victim of the dreadful disease Chronic Kidney Failure, patients are mentally and financially under great stress and many of them lose interest in life. The motive behind running this programme is to improve their emotional stability and quality of life.

### How do we work

All patients undergoing Haemodialysis, Peritoneal Dialysis and also Kidney transplant patients are invited every two months at all chapters.

Foundation organizes educative, motivational, yoga and meditation, music and other entertainment programmes for kidney patients and their family members. Besides this, IRF gives them a platform where they meet each other and share their feelings.





## 1. Public Awareness Program

We have also organized Public Awareness Programme and screening camp for Faculty of Gujarat Vidyapith University. Dr. Umesh Godani (Nephrologists) was present in this program and gave detailed information about kidney diseases

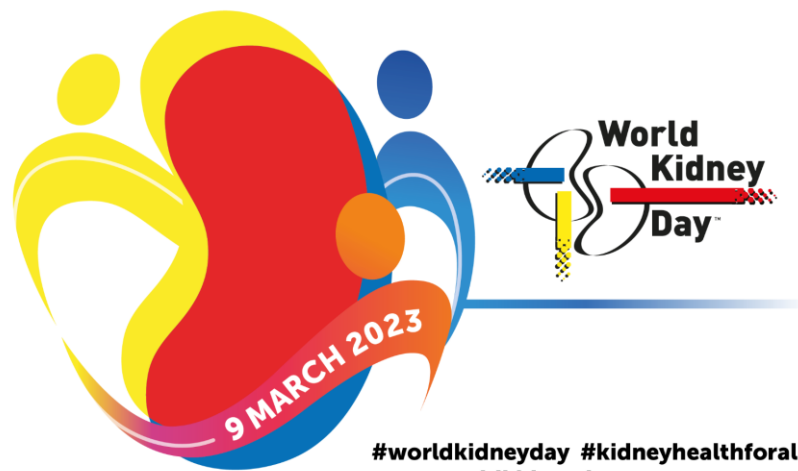




Forthcoming  
Events

# KIDNEY HEALTH FOR ALL

PREPARING FOR THE UNEXPECTED,  
SUPPORTING THE VULNERABLE!



#worldkidneyday #kidneyhealthforall  
[www.worldkidneyday.org](http://www.worldkidneyday.org)

World Kidney Day is a joint  ISN  initiative



9 March 2023